

EMILYs
LIST  
RUN. WIN. CHANGE THE WORLD.

2024 ELECTION CANDIDATE GUIDE

TABLE OF CONTENTS - EMILYs LIST 2024 CANDIDATE GUIDE

Alaska	5
Alaska - Federal Races	5
Mary Peltola (AK-AL)	5
Arizona	6
Arizona - Federal Races	6
Yassamin Ansari (AZ-03)	6
Kirsten Engel (AZ-06)	6
Arizona - Phoenix Mayor	7
Kate Gallego (AZ-Phoenix Mayor)	7
Arizona - State Legislature	7
California	11
California - Federal Races	11
Jessica Morse (CA-03)	11
Lateefah Simon (CA-12)	11
Laura Friedman (CA-30)	11
Luz Rivas (CA-29)	12
California - San Francisco Mayor	12
London Breed (CA)	12
Colorado	13
Colorado - Federal Races	13
Brittany Pettersen (CO-07)	13
Yadira Caraveo (CO-08)	13
Colorado - State Senate	13
Connecticut	14
Connecticut - Federal Races	14
Jahana Hayes (CT-05)	14
Delaware	15
Delaware - Federal Races	15
Lisa Blunt Rochester (DE-SEN)	15
Sarah McBride (DE-AL)	15
Florida	16
Florida - Federal Races	16
Debbie Mucarsel-Powell (FL-SEN)	16
Whitney Fox (FL-13)	16
Lucia Báez-Geller (FL-27)	16
Florida - State Legislature	17
Georgia	18
Georgia - Federal Races	18
Lucy McBath (GA-06)	18

Georgia - State Legislature	18
Hawaii	21
Hawaii - Federal Races	21
Mazie Hirono (HI-SEN)	21
Illinois	21
Illinois - Federal Races	21
Nikki Budzinski (IL-13)	21
Lauren Underwood (IL-14)	22
Iowa	22
Iowa - Federal Races	22
Christina Bohannon (IA-01)	22
Kansas	23
Kansas - Federal Races	23
Sharice Davids (KS-03)	23
New Hampshire	23
New Hampshire - Governor	23
Joyce Craig (NH-GOV)	23
New Hampshire - Federal Races	24
Maggie Goodlander (NH-02)	24
New Hampshire - State Legislature	24
New Hampshire Executive Council	30
New Jersey	31
New Jersey - Federal Races	31
Sue Altman (NJ-07)	31
Nellie Pou (NJ-09)	32
New York	32
New York - U.S. Senate	32
Kirsten Gillibrand (NY-SEN)	32
Laura Gillen (NY-04)	33
North Carolina	33
North Carolina - State Executive	33
Rachel Hunt (NC - Lieutenant Governor)	33
Elaine Marshall (NC - Secretary of State)	33
North Carolina - Judicial	34
Allison Riggs (NC Supreme Court)	34
North Carolina - State Legislature	34
Maine	37
Maine - State Legislature	37
Maryland	39
Maryland - Federal Races	39
Angela Alsobrooks (MD-SEN)	39

April McClain Delaney (MD-06)	40
Sarah Elfreth (MD-03)	40
Massachusetts	40
Massachusetts - Federal Races	40
Elizabeth Warren (MA-SEN)	40
Michigan	41
Michigan - Federal Races	41
Elissa Slotkin (MI-SEN)	41
Hillary Scholten (MI-03)	41
Jessica Swartz (MI-04)	42
Kristen McDonald Rivet (MI-08)	42
Michigan - State Judiciary	43
Kyra Harris Bolden (MI-Supreme Court)	43
Kimberly Thomas (MI-Supreme Court)	43
Michigan - State Legislature	44
Minnesota	48
Minnesota - Federal Races	48
Amy Klobuchar (MN-SEN)	48
Angie Craig (MN-02)	49
Kelly Morrison (MN-03)	49
Minnesota - State Legislature	50
Missouri	54
Missouri - Governor	54
Crystal Quade (MO-GOV)	54
Montana	55
Montana - U.S. House	55
Monica Tranel (MT-01)	55
New Mexico	55
New Mexico - State Legislature	55
Nevada	58
Nevada - Federal Races	58
Jacky Rosen (NV-SEN)	58
Dina Titus (NV-01)	58
Susie Lee (NV-03)	58
Nevada - State Legislature	59
Oregon	62
Oregon - Federal Races	62
Maxine Dexter (OR-03)	62
Val Hoyle (OR-04)	62
Janelle Bynum (OR-05)	63
Andrea Salinas (OR-06)	63

Ohio	64
Ohio - Federal Races	64
Emilia Sykes (OH-13)	64
Pennsylvania	64
Pennsylvania - Federal Races	64
Ashley Ehasz (PA-01)	64
Susan Wild (PA-07)	65
Janelle Stelson (PA-10)	65
Pennsylvania - General Assembly	66
Tennessee	68
Tennessee - Federal Races	68
Gloria Johnson (TN-SEN)	68
Texas	69
Texas - Federal Races	69
Michelle Vallejo (TX-15)	69
Julie Johnson (TX-32)	69
Texas - State Judiciary	70
Christine Weems (TX-Supreme Court Place 4)	70
Texas - State Legislature	70
Virginia	71
Virginia - Federal Races	71
Missy Cotter Smasal (VA-02)	71
Washington	72
Washington - Federal Races	72
Maria Cantwell (WA-SEN)	72
Marie Gluesenkamp Perez (WA-03)	72
Kim Schrier (WA-08)	73
Emily Randall (WA-06)	73
Wisconsin	74
Wisconsin - Federal Races	74
Tammy Baldwin (WI-SEN)	74
Rebecca Cooke (WI-03)	74
Kristin Lyerly (WI-08)	75
Wisconsin - State Legislature	75

Alaska

Alaska - Federal Races

Mary Peltola (AK-AL)

- Rep. Mary Peltola is a Yup'ik woman and former state legislator who was born and raised in rural Alaska. Peltola began her distinguished career in public service at the age of 24 when she was first elected to the Alaska House of Representatives. She made history as the first Alaska Native and first woman to represent Alaska in Congress after winning the special election for Alaska's At-Large Congressional District in 2022.
- Peltola received 50.9% of the vote in the 2024 nonpartisan primary election for the AK-AL district, coming out on top of 11 other candidates. Her main opponent in the general election is Nicholas Begich (R). Alaska does rank-choice voting so John Howe (Alaska Independence Party) and Eric Hafner (D) are also on the ballot.
- More about Peltola:
 - [Peltola Finishes First in Alaska House Primary, With Begich as Top Challenger](#) (*NY Times*, 8/21/24)
 - [Mary Peltola Has Carved Out Her Own Space in Washington](#) (*The Washingtonian*, 10/21/24)

Arizona

Arizona - Federal Races

Yassamin Ansari (AZ-03)

- In 2014, Yassamin Ansari began her career as an advisor in the Executive Office of United Nations Secretary-General Ban Ki-moon, where she served on the climate team that helped deliver the historic Paris Climate Agreement. She later went on to serve as California Gov. Jerry Brown's deputy policy director for the Global Climate Action Summit and as a senior policy advisor to UN Secretary-General António Guterres. In March 2021, Ansari was elected to represent Phoenix's 7th District in the City Council after a runoff election victory, making her the youngest person to be elected to the council and the first Iranian American elected to public office in Arizona. If elected, Ansari would also be the first woman to represent her district in Congress.
- Ansari's opponent, MAGA extremist Jeff Zink, was part of the Jan. 6 insurrection and is proud to be 100% anti-choice.
- More about Ansari:
 - [Ansari wins CD3 Democratic primary by 39 votes after recount](#) (*Axios Phoenix*, 8/20/24)

Kirsten Engel (AZ-06)

- Kirsten Engel is a law professor, former state legislator, and a mom. Engel dedicated the early part of her career to environmental advocacy after graduating from Northwestern University School of Law. Among many accomplishments is her successful effort to convince the U.S. Supreme Court to recognize the dangers of climate change. She decided to run for the Arizona state Legislature after volunteering in her daughter's public school and seeing the impact of years of budget cuts on Arizona's children. In the Arizona state House and Senate, she worked to increase funding for education, secure the state's water future, and grow an economy that works for all Arizonans.
- Engel is running in a rematch against anti-choice extremist Republican Rep. Juan Ciscomani, where she lost by approximately 5,000 votes despite being outspent 6 to 1. Ciscomani is "proudly" anti-choice, has supported multiple bills that would restrict reproductive health care, and led an extreme far-right organization called the Patriot Academy, that wants to ban abortion with no exceptions.
- More about Engel:
 - [Juan Ciscomani-Kirsten Engel congressional rematch focuses on border, abortion, and extremism \(Cronkite News, 10/9/24\)](#)
 - [Rep. Juan Ciscomani's ties to far-right Christian nationalist group blasted on Tucson airwaves \(Cooper Courier, 8/29/24\)](#)

Arizona - Phoenix Mayor

Kate Gallego (AZ-Phoenix Mayor)

- First elected in 2019, Mayor Kate Gallego has led Phoenix to become the most sustainable desert city in the United States by investing in innovative solutions to prepare for a warming climate. Mayor Kate Gallego is the second elected woman mayor in the city's history and one of the youngest big city mayors in the United States. In November 2020, she was reelected to office with the highest number of votes ever cast for a mayoral candidate in Phoenix.
- Gallego is running against Matt Evans, who changed his party from Independent to Republican in June, calling himself "more conservative" than most Republicans.

Arizona - State Legislature

In both chambers, if Democrats flip one seat, they will secure a tie. Flipping two seats will secure a majority. EMILYs List has invested over \$250,000 in these efforts as a sign of our commitment to building that legislative majority.

Judy Schweibert (AZ-Senate LD02)

- Judy Schweibert is a mother, former public school teacher-librarian, and co-founder of a community theater. Schweibert was elected to the Arizona House of Representatives in 2020.
- Schweibert is running against incumbent Shawwna Bolick (R). In 2020, Bolick signed onto a resolution to grant Arizona’s electoral college votes to Trump. She also sponsored a bill that would have given the state Legislature the authority to reject presidential election results, overriding voters.

Stephanie Simacek (AZ-House LD02)

- Simacek is a mom, teacher, volunteer, and Deer Valley Unified School District governing board member. In 2014, her family was blessed with the opportunity to make Arizona home. She received her master’s degree in early childhood education from Grand Canyon University and began teaching for the Deer Valley Unified School District. She understands the importance of quality public education, water, and environmental challenges, the Phoenix housing crisis, and reproductive freedom.
- Simacek’s two opponents are incumbent Republican Justin Wilmeth, an extremist who wants to “end the teaching of Critical Race Theory” in schools. Ari Bradshaw is the other Republican running for the second seat. He is Gen Z, on record as anti-choice, and went to the LD02 office and Simacek’s home demanding an apology after her campaign sent out some negative paid communications.

Christine Marsh (AZ-Senate LD04)

- State Sen. Christine Marsh was first elected to serve her district in 2020, where she passed harm reduction legislation to legalize testing strips for fentanyl and fought against dangerous cuts to Arizona’s public schools. In 2016, Marsh was named Arizona’s Teacher of the Year.
- Marsh is running against Republican challenger Carine Werner, who backed far-right education platforms at the school board. Werner is also anti-choice.

Kelli Butler (AZ-House LD04)

- Former state Rep. Kelli Butler grew up in LD04, where she and her husband are now small business owners. She served in the state House from 2017-2022, where particularly valuable experience came from her time on the Commerce Committee. Now she is running again to focus on supporting public schools and expanding access to quality health care and reproductive care.
- Butler is running for one of two seats against incumbent Republican state Rep. Matt Gress and former Trump campaign advisor Pamela Carter. Gress was first elected in 2023 and previously worked as Republican Gov. Doug Ducey’s budget director. Gress celebrated the overturning of *Roe v. Wade*, and sponsored five fetal personhood bills in the state House. Carter supports complete bans on abortion, is opposed to same-sex marriage, and supports arming teachers.

Karen Gresham (AZ-House LD04)

- Karen Grisham is a third-generation Arizona native, who attended public schools and graduated from Arizona State University. Currently, Gresham serves as the president of the Madison Elementary School District's governing board. She is most passionate about education and improving Arizona's schools. She is also a fierce opponent of Arizona's 15-week ban on abortions, with no exceptions for rape or incest.
- Gresham is running for one of two seats against incumbent Republican state Rep. Matt Gress and former Trump campaign advisor Pamela Carter. Gress was first elected in 2023 and previously worked as Republican Gov. Doug Ducey's budget director. Gress celebrated the overturning of *Roe v. Wade*, and sponsored five fetal personhood bills in the state House. Carter supports complete bans on abortion, is opposed to same-sex marriage, and supports arming teachers.

Eva Burch (AZ-Senate LD09)

- State Sen. Eva Burch was born and raised in Arizona, and attended public schools through graduation. She played a key role in the Arizona Democrats' effort to repeal the state's abortion ban by sharing her own personal abortion stories and experience with Arizona's restrictive abortion laws. Burch studied nursing at Pima Medical Institute in Mesa, and became an emergency nurse in hospitals in Phoenix and Mesa. Burch then returned to school to earn her master's degree and nurse practitioner certification to continue improving Arizonans' lives and health care. The values intrinsic to nursing, from altruism to integrity, are the same ones Burch brings with her to the Arizona state Senate, where she fights for affordable health care and high-quality education. Burch lives in Mesa with her husband, two sons, and her two dogs.
- Burch faces Republican challenger and former police officer Robert Scantlebury. She beat Scantlebury in 2022 by just over 3,000 votes.

Lorena Austin (AZ-House LD09)

- State Rep. Lorena Austin is a fifth-generation Arizonan who has dedicated their life to advocacy and service, a family tradition. Austin was first elected to the state House in 2022, where they fought tirelessly for access to abortion, increased funding for public schools for all ages, and championed LGBTQ+ rights. With a proven record of success, Austin secured \$40 million for the Arizona Promise Program, and they have only just begun. Austin serves on the House Appropriations and Commerce committees, is the Secretary of the Latino Caucus, and is a member of the LGBTQ+ Caucus.
- Austin made history as the first non-binary legislator elected in Arizona in 2022. Austin uses she/they pronouns.
- Austin is to hold one of two seats in LD09 against Republican challenger and first-time candidate Kylie Barber and Mary Ann Mendoza, an extremist Republican who peddles conspiracy theories.

Sharon Lee Winters (AZ-Senate LD13)

- Sharon Lee Winters is a teacher, small business owner, and publisher of four popular books. After teaching special education and third grade in several public schools, and English at Brookhaven College in Texas, she has accrued the knowledge and

experiences needed to make change in the state Senate. She is also a fierce advocate for reproductive rights, and would fight to enshrine abortion protection into the Arizona constitution if elected.

- Sharon Lee Winters is running against third-term incumbent Republican state Sen. J.D. Mesnard, who is a policy advisor for the Alliance Defending Freedom, the far-right conservative legal group that fights for abortion bans and against transgender rights.

Brandy Reese (AZ-House LD13)

- Brandy Reese is no stranger to the impact that education can have for families and communities. Reese spent 14 years working for a crime lab as a forensic scientist, analyzing physical evidence to build cases against violent criminals and testifying in court in order to secure justice. An advocate and volunteer for the schools her two daughters attend, Reese is running on a platform of inclusivity and creating a level playing field for all. She was inspired to run for public office after *Roe v. Wade* was overturned, and will fight to restore reproductive rights in Arizona.
- Reese is running for one of two seats against former state legislator Republican Jeff Weninger and incumbent Republican Rep. Julie Willoughby. The district is considered slightly conservative-leaning but highly competitive.

Stacey Seaman (AZ-Senate LD16)

- Stacey Seaman got involved in politics and for her community at a young age. After earning her degree in music education from the University of Arizona, she moved to Casa Grande to teach music in the elementary school district 20 years ago. She now seeks her Ph.D. in music education. She has long been a community advocate and church volunteer, and was named Exemplary Woman Leader for Pinal County. Her priorities include preserving quality education, building a strong and sustainable economy, and fighting for equality and justice for all.
- Seaman is challenging incumbent Republican state Sen. T.J. Shope, a former school board member that has voted against allowing teachers to refer to students by their preferred pronouns.

Eva Diaz (AZ-Senate LD22)

- State Sen. Eva Diaz is an Arizona native and a career-long educator and advocate. She spent 27 years in the realm of education, teaching in three elementary school districts, as an assistant principal, and as a principal. She has also been an instructor at South Mountain Community College and at Arizona State University. Diaz and her mother co-own the Ni Hao Amigos Language Preschool in Avondale. A lifetime champion of education, staunch defender of reproductive rights, and climate activist, Diaz prioritizes the values intrinsic to her community in Tolleson.
- State Sen. Diaz is running against anti-abortion Republican challenger Steve Robinson.

Quantá Crews (AZ-House LD26)

- State Rep. and Rev. Quantá Crews is a community champion and longtime leader. She is an associate minister at the Historic Tanner Chapel African Methodist Episcopal Church

in Phoenix, where she coordinates the No Limits Special Needs Ministry and leads the Richard Allen Young Adult Council. Crews has seen firsthand the effects of inequitable policy, from young congregants left behind by the education system to her work as a personal property appraiser, seeing marginalized people squeezed out by tax barriers. In 2023, the Maricopa County Board of Supervisors appointed Crews to the Arizona state Legislature and now she serves as the ranking Democrat on the Regulatory Affairs Committee, and as a member on the Ways and Means Committee.

- State Sen. Crews was appointed to fill the seat left open by the resignation of state Sen. Raquel Terán, who ran for higher office. Crews is running against Republican challengers Skyla Edwards and Frank Roberts.

Deborah Howard (AZ-House LD27)

- Deborah Howard is the daughter of two World War II veterans, who instilled a strong sense of public service and duty. Howard began her career as a Republican, and after earning her degree in public policy from U.C. Berkeley, she worked at government agencies, non-profit organizations, and private companies on health care policy, defense and trade, real estate policy, and many more issue areas. Since then, she has become a political activist and a champion of equitable districting, as leader of the Indivisible Statewide Redistricting Team.
- Howard is making a “single shot” bid for this Arizona House seat, meaning she is urging voters to cast a ballot for only one of two seats, which strengthens her candidacy and takes votes away from the second seat opposition candidate. She is running against Republicans Lisa Frank and Tony Rivero.

California

California - Federal Races

Jessica Morse (CA-03)

- Jessica Morse is a fifth-generation resident of California’s 3rd Congressional District, and a career-long public servant. After the Camp Fire in Paradise devastated her community, Morse became the deputy secretary of the California Natural Resources Agency, where she designed and implemented a national model for wildfire prevention programs that protect California’s families, homes, and lands. She is also a member of the U.S. Wildland Fire Mitigation and Management Commission, and she has significantly reduced megafires across the state – unlike her opponent, who votes against funds for wildfire prevention.
- Morse is challenging freshman Representative Kevin Kiley, a far-right extremist that Former President Trump called a “MAGA champion”. He denies the results of the 2020 election, has voted to ban abortion, and voted against funding for wildfire prevention.
- More about Morse:

- [A guide to California's sleeper House battlegrounds - POLITICO](#) (*Politico*, 9/19/24)
- [Kevin Kiley vs. Jessica Morse for Congress: Why analysts are watching this California race](#) (*The Sacramento Bee*, 9/20/24)

Lateefah Simon (CA-12)

- Lateefah Simon is a civil rights advocate, community organizer, and a nonprofit professional. Currently, she serves as a member of the Bay Area Rapid Transit Board of Directors and as the president of MeadowFund. At age 26, Simon became the youngest woman to ever receive a MacArthur “Genius” Fellowship for her work with young women of color. Public transportation is especially dear to Simon’s heart, as she was born legally blind, and she has fought to improve northern California’s transit system. She will fight for women, youth of color, and families in Congress – as she has done her entire career. Vice President Kamala Harris, a close friend, married Simon and her husband, and eulogized him when he passed away.
- Simon is running for the seat currently held by retiring Repr. Barbara Lee, against fellow Democrat Jennifer Tran.
- More about Simon:
 - [Meet the woman Rep. Barbara Lee literally passed the congressional baton to](#) (*NBC News*, 3/19/24)

Laura Friedman (CA-30)

- Laura Friedman was first elected to represent the 44th District in the California state Assembly in 2016. She first entered public service in 2009 when she was elected to the Glendale City Council, and eventually served as Glendale’s mayor. As assembly member, Friedman passed landmark legislation on housing, climate change, and sexual harassment that served as a model to legislators across the country. She is a longtime champion of reproductive freedom and co-authored SCA 10, the state’s constitutional amendment to protect the fundamental right to abortion and contraceptives. If she is elected, she will be the first woman to represent California’s 30th District.
- Friedman is running to succeed Rep. Adam Schiff, who is running for the open U.S. Senate seat. Friedman is running against Republican Dr. Alex Balekian.
- More about Friedman:
 - [Endorsement: Laura Friedman for the 30th Congressional District](#) (*Los Angeles Times*, 9/11/24)

Luz Rivas (CA-29)

- Luz Rivas is a nonprofit founder, former electrical engineer, and assemblywoman for California’s 43rd Assembly District. She founded DIY Girls, a nonprofit organization that helps girls interested in STEM careers. In the Assembly, Rivas focuses on environmental justice, securing funding for critical infrastructure projects, education, and health care.

She is an advocate for underserved and underrepresented communities, who she seeks to champion in Congress.

- Rivas is running to succeed retiring Rep. Tony Cárdenas, who endorsed her. She faces Republican Benito Bernal, who ran against Cárdenas in 2018 and lost. He has run for office multiple elections but never earned more than 19% of the vote.
- More about Rivas:
 - [Retiring Rep. Cárdenas leads Hispanic Democrats in endorsing a successor](#) (*The Hill*, 1/5/24)

California - San Francisco Mayor

London Breed (CA)

- Mayor London Breed made history in 2018 as the first Black woman to be elected mayor of San Francisco, the city in which she was born and raised. She served as a San Francisco Redevelopment Agency commissioner, a San Francisco fire commissioner, and a member of the San Francisco Board of Supervisors. As mayor, she works to address the housing crisis and to curb homelessness by addressing its root causes. She has made San Francisco a leader in the fight to combat climate change and transition to renewable energy. Mayor Breed has spent her career and her life in the service of making San Francisco cleaner, safer, and more affordable for all.
- There are eight candidates running for mayor of San Francisco. Other than Breed, Mark Farrell, Daniel Lurie, and Aaron Peskin have serious polling and media attention, and all four are Democrats. This is the first election where San Francisco will use ranked-choice voting.

Colorado

Colorado - Federal Races

Brittany Pettersen (CO-07)

- U.S. Rep. Pettersen has dedicated her career to civic engagement and public service. After working on President Obama's 2008 campaign, where she worked on voter registration and advocacy in Colorado, she was inspired to run a grassroots campaign herself. In 2012, she became the youngest woman serving in the Colorado House, where she fought for equal pay, public school investment, and improved mental health care. After ten years of legislative success in the state House, Pettersen ran for Congress in 2022 and became the first woman to represent her district. Rep. Pettersen is particularly focused on consumer protection and housing affordability, serving on the House Financial Services Committee. In 2022, she won the seat by double digits.
- Rep. Pettersen is running against Republican challenger Sergei Matveyuk, a small business owner. Matveyuk would not vote to codify *Roe v. Wade*.

- More about Pettersen:
 - [Rep. Brittany Pettersen wants Congress to change rules and make it easier for members to be parents and do their jobs](#) (*Colorado Public Radio*, 10/2/24)

Yadira Caraveo (CO-08)

- U.S. Rep. Yadira Caraveo is a pediatrician and an accomplished legislator who serves in Congress to continue her life's work of advocating for children and families. Dr. Caraveo chose to be a pediatrician in Adams County, serving a Latino community whose families are often unable to find providers who speak their language and understand their culture. She quickly understood that the best way to help the most people is through the community, state, and national movements, and so she ran for the Colorado General Assembly in 2018 and won. In 2022, she was elected to represent Colorado's 8th Congressional District, which was newly created after redistricting. She was the first Latina elected to Congress from Colorado.
- Rep. Caraveo is running against challenger Republican state Representative Gabe Evans, in a true purple district that she won by less than one percentage point in 2022. Evans has described himself as pro-life and favors limits on abortion access, and is endorsed by former President Donald Trump.
- More about Caraveo:
 - [Where Yadira Caraveo and Gabe Evans stand on the big issues](#) (*The Colorado Sun*, 10/11/24)

Colorado - State Senate

Lindsey Daugherty (CO-SD19)

- State Rep. Lindsey Daugherty is an attorney who specializes in juvenile and family law, and works hard to ensure that children who are removed from parental care have an advocate for their safety and future. She was first elected to the Colorado state House in 2020, where she has introduced and passed dozens of bills that improve the lives of Coloradans. She is particularly focused on issues facing Colorado's youth, protecting reproductive freedom, improving public safety, enhancing workers' rights, and making our justice system more equitable, especially for children and young people.
- State Rep. Daugherty is running against Republican Sam Bandimere.

Vivian Smotherman (CO-SD06)

- Vivian Smotherman has been a sailor, a farmer, a teacher, an oil field worker, and a non-profit organizer. She is also a U.S. Navy veteran and is committed to fighting for indigenous people and reproductive rights. Her vast and deep experience in the world gives her the vision necessary to bring change to the Colorado state Legislature. If elected, Smotherman will be the first openly transgender member of the Colorado Senate.
- Smotherman is challenging incumbent Republican state Sen. Cleave Simpson, an engineer.

Connecticut

Connecticut - Federal Races

Jahana Hayes (CT-05)

- Rep. Jahana Hayes is a teacher, community leader, and 2016 Connecticut Teacher of the Year Award and National Teacher of the Year Award. When Hayes first ran for office in 2018, she became the first Black woman ever elected to represent Connecticut in Congress and has played a pivotal role in drafting historic legislation.
- Hayes faces a rematch against George Logan, a Republican who has refused to break ranks with his party on choice since the *Dobbs v. Jackson Women’s Health Organization* decision, repeatedly attempting to hide his stance on abortion. Hayes beat Logan by 2000 votes in 2022.
- More about Hayes:
 - [CT's Jahana Hayes is running for 4th term, campaign confirms](#) (*CT Insider*, 8/9/23)
 - [A look at the race for CT's 5th congressional district](#) (*Channel 3 Eyewitness News*, 10/7/24)

Delaware

Delaware - Federal Races

Lisa Blunt Rochester (DE-SEN)

- Rep. Lisa Blunt Rochester is the first woman and first person of color to ever represent Delaware in Congress, where she has served four terms. She has a long record in public office from being appointed Delaware’s deputy secretary of health and social services in 1993, and in 1998, making history as the state’s first Black woman secretary of labor. In 2001, she was appointed again as state personnel director. In Congress, Blunt Rochester has led the charge to lower seniors’ health care costs, bring American manufacturing jobs home, and fight for our reproductive rights. She is ready to make history again as the first Black senator from Delaware.
- Rep. Blunt Rochester will face Independent candidate Michael Katz and Republican candidate Eric Hansen in the general election.
- More about Blunt Rochester:
 - [The ‘pragmatic optimist’ set to make history in a divided Senate](#) (*The Washington Post*, 10/5/24)
 - [Lisa Blunt Rochester and Angela Alsobrooks on the Hope of Becoming ‘Sister Senators’](#) (*Elle*, 10/10/24)

Sarah McBride (DE-AL)

- Sarah McBride is the current state senator for Delaware's 1st Senate District, where she has been serving since being elected in 2020 and made history as the first openly transgender state senator in the country. In the state Senate, McBride has proven to be a bipartisan leader successfully passing legislation expanding health care access, improving public education, and providing paid family and medical leave.
- Delaware's At-Large Congressional seat is being vacated by Rep. Lisa Blunt Rochester. If elected, McBride will be a champion for abortion access in Congress and would be the first openly transgender member of Congress in either chamber.
- McBride will face Republican John Whalen III in the general election.
- More about McBride:
 - [Sarah McBride's historic run for Congress was decades in the making \(NBC Los Angeles, 9/28/24\)](#)
 - [Her opponent didn't show up. Sarah McBride made her case for Congress anyway at UD debate \(Delaware Online, 10/17/24\)](#)

Florida

Florida - Federal Races

Debbie Mucarsel-Powell (FL-SEN)

- Debbie Mucarsel-Powell became the first South American-born immigrant to serve in Congress when she was elected in 2018 with the full support of EMILYs List. While serving in Congress, Mucarsel-Powell authored the bill to expand Medicare coverage for seniors and secured \$200 million to restore Florida's Everglades. She also served as a senior advisor for GIFFORDS after leaving office, fighting for gun safety reform nationwide.
- Mucarsel-Powell is challenging current Sen. Rick Scott, one of the most extreme anti-choice members of Congress. Scott has received an A+ rating from an extremist organization that wants to ban abortion entirely. He also authored a plan that could defund Social Security and Medicare.
- More about Mucarsel-Powell:
 - [Debbie Mucarsel-Powell talks being Democratic candidate for Florida Senate, \(NBC, 9/29/24\)](#)
 - [Rick Scott faces peril with abortion on Florida's ballot \(The Hill, 9/27/24\)](#)

Whitney Fox (FL-13)

- Before running for office, Whitney Fox served as the communications director for the Pinellas Suncoast Transit Authority, where she worked across the aisle to improve the transportation system and create jobs for her community. As a mother of two girls, she is passionate about protecting reproductive rights and expanding access to birth control. She is a strategic communications and public policy professional who is ready to take on extremist Republicans to fight for her community.
- Fox is challenging freshman Republican Rep. Anna Paulina Luna in this recently redistricted seat. Luna is a member of the Freedom Caucus, an anti-choice extremist, and a close ally of former President Trump.
- More about Fox:
 - [Whitney Fox's Run Against Rep. Anna Paulina Luna Exposes MAGA Weakness in Florida](#) (*The New York Times*, 9/4/2024)
 - [Whitney Fox wins Florida Democratic primary to challenge Luna in House race](#) (*The Hill*, 8/20/24)

Lucía Báez-Geller (FL-27)

- Lucía Báez-Geller is the daughter of working parents from Colombia and Cuba and a lifelong Floridian. A first generation college student, Báez-Geller taught English and language arts in Miami public schools for 15 years and won the 2013 Political Advocate of the Year Award from the National Education Association. She currently serves as a school board member in the Miami-Dade County School Board's 3rd District.
- Báez-Geller is challenging Rep. María Elvira Salazar, an ardently anti-choice extremist who has voted against the Women's Health Protection Act twice and has received support from radical groups seeking to end abortion entirely.
- More about Báez-Geller:
 - [With Primary win, Lucía Báez-Geller punches ticket to María Elvira Salazar clash in CD 27](#) (*Florida Politics*, 8/20/24)
 - [Democratic candidate Lucía Baez-Geller looks to unseat Rep. Maria Elvira Salazar](#) (*CBS News Miami* 9/29/24)

Florida - State Legislature

Allison Tant (FL-HD09)

- State Rep. Allison Tant is a fierce advocate for students, schools, and people with disabilities. Before being elected to office, Tant founded Independence Landing, an affordable housing option for adults with intellectual and developmental disabilities, and was the founding chair emeritus for KEYS, a scholarship program for students with disabilities. From 2014 to 2016, she served as the chair of the Florida Democratic Party.

- Tant is running for reelection against Republican Spencer Brass, a real estate and development manager who has been silent on his stance on reproductive freedom while Florida women have suffered under an extreme Republican abortion ban.

Sarah Henry (FL-HD38)

- Sarah Henry is a nonprofit professional who holds a master's degree in public administration from American University and has held multiple roles in project management, communications, and development.
- Henry is challenging Rep. David Smith, who was first elected to the Florida House in 2018. Smith voted for Florida's near-total abortion ban. This is a top flip opportunity in Florida for Democrats.

Maria Revelles (FL-HD47)

- Maria Revelles has been fighting for affordable housing and labor rights her entire life. She was the founding director of Chispa Florida with Florida Conservation Voters and the director of Vamos4Puerto Rico in Florida. She also spearheaded efforts to provide accessible and affordable housing as a commissioner of Housing. If elected, Revelles will be the first Latina to represent Florida's 47th state House District.
- Revelles is challenging freshman Republican state Rep. Paula Stark in this race for what is considered one of the top pickup opportunities in Florida for Democrats.

Lindsay Cross (FL-HD60)

- State Rep. Lindsay Cross was elected to serve Florida's 60th House District in 2022. Cross is an environmental scientist who holds a master's degree in environmental science and policy from the University of South Florida. She has championed more than \$1 billion for water and land conservation in 2023 alone.
- Cross is being challenged by St. Petersburg City Council member Ed Montanari, who is backed by extremist right-wing Republicans in the Florida state House.

Katherine Waldron (FL-HD93)

- Before being elected to office, state Rep. Katherine Waldron served as a commissioner on the Port of Palm Beach Board and co-founded Palm Beach County Cares in the wake of hurricanes Irma and Maria and the devastation across Puerto Rico and the U.S. Virgin Islands. Waldron is on the Education and Employment Committee as well as several prominent subcommittees and currently serves as a member of the Board of Advisors for the Salvation Army of Palm Beach County.
- Waldron is being challenged in this narrowly divided swing district by former Wellington mayor Anne Gerwig, a supporter of a statewide abortion ban.

Georgia

Georgia - Federal Races

Lucy McBath (GA-06)

- U.S. Rep. Lucy McBath is the daughter of a nurse and the former president of the Illinois branch of the NAACP. McBath's commitment to community activism and justice was further intensified by losing her son to gun violence and she became a national spokesperson and faith and community outreach organizer for Everytown for Gun Safety and Moms Demand Action. McBath first ran for Congress in 2018 and has been reelected twice. She is a voting rights champion and has been a fierce advocate for reproductive rights.
- Rep. McBath has been targeted repeatedly by the Republican legislature, first into a seat with another Democrat in 2022, and then that district was dismantled for 2024, leading McBath to run in a new district. She faces Republican challenger Jeff Criswell, an ardent Trump supporter.
- More about McBath:
 - [Rep. Lucy McBath, family members and survivors of gun violence address DNC](#) (CBS News, 8/22/24)

Georgia - State Legislature

Nabilah Islam Parkes (GA-SD07)

- State Sen. Nabilah Islam Parkes is the youngest woman ever elected to the Georgia state Senate, as well as the first Muslim and first South Asian woman elected. Since her election to the Georgia state Senate in 2022, she has led bills to expand Medicaid, to repeal Georgia's six-week abortion ban, and to eliminate the sales tax on menstrual products and infant care products. This year, she became the first woman in the Georgia Senate to give birth while serving. Islam Parkes was an EMILYs List Rising Star Nominee in 2024.
- State Sen. Islam Parkes is running against Republican challenger J. Gregory Howard.

Danielle Bell (GA-HD44)

- Danielle Bell grew up on a family farm in Indiana and learned the value of hard work from her parents, a small business owner and a waitress. She will fight in the Georgia state House for affordable and accessible mental health care, economic prosperity, and improved public schools. Bell will do so with the values she has held dear her whole life: transparency, honesty, and commitment.
- Bell is challenging incumbent Republican state Rep. Don Parsons, who has held the office for over a decade.

Debra Shigley (GA-HD47)

- Debra Shigley is a Harvard-educated employment attorney, a small business owner, a former news anchor, an author, and active community member. In 2023, she fought alongside her neighbors to protect a voting precinct in Milton to make it easier to vote. She is also a member of the Fulton County School Governance Council, a proud PTA

mom, and an active member of her synagogue. She will fight tirelessly for the restoration of reproductive justice, and to make a better world for her five children.

- Shigley is challenging incumbent Republican state Rep. Jan Jones, who has been the speaker pro-tempore since 2010.

Laura Murvartian (GA-HD48)

- Laura Murvartian comes from a family of immigrants who sought a better life for their family and moved to the United States when she was eight years old. She has worked at the Federal Reserve Bank and served as a corporate executive for multiple Fortune 500 companies, taking some time off to start her small business as the Georgia Area Developer for a national wine franchise. Currently, she is the founder and executive director of Arte GA, a nonprofit that supports Latino professional creatives. If elected, she will fight for reproductive rights, gun violence prevention, and use her years of business experience to build a more prosperous Georgia.
- Murvartian is challenging incumbent Republican state Rep. Scott Hilton, for a seat made more competitive after redistricting. He is supported by extreme anti-choice groups.

Dr. Michelle Au (GA-HD50)

- State Rep. Dr. Michelle Au is an anesthesiologist and equity partner at Physician Specialists in Anesthesia. Her parents immigrated to the United States in the 1960s and, with community support, both graduated from medical school and instilled in her the value of hard work. State Rep. Au first ran for office in 2020, when she became the first Asian woman to serve in the Georgia Senate. Her brilliant legislative record and leadership earned her a nomination for EMILYs List's Gabrielle Giffords Rising Star Award in 2023.
- State Rep. Au is running for reelection against Republican challenger Narender Reddy – a rematch from 2022 where she beat Reddy by just under 2,000 votes.

Susie Greenberg (GA-HD53)

- Susie Greenberg is a mother, attorney, and longtime community volunteer. Before her decision to run for office, Greenberg was a leading voice in Moms Demand Action, Planned Parenthood Southeast, and the National Council of Jewish Women–Atlanta Section. Her top priorities upon election include the restoration of reproductive rights, strengthening community safety in the face of endless gun violence, and tackling rising costs, especially in the realm of health care.
- Greenberg is challenging incumbent Republican state Rep. Deborah Silcox, who was first elected in 2022 by a margin of less than 1,500 votes. The seat was a Democratic stronghold until then. The district is one of Georgia's most flippable seats.

Michelle Kang (GA-HD99)

- Michelle Kang is a proud first-generation Korean-American immigrant who moved to Georgia in 1992 to build a better life for her future family. Kang became a center manager for the Asian American Resource Center, taking care of immigrants and managing HUD cases. She began serving Gwinnett County by working to create spaces

for Asian American voices, from the Korean American Association of Greater Atlanta, to the Asian Pacific American Council of Georgia. Kang will use her experience as a small business owner to create economic mobility and lower housing costs, and fight ardently to restore reproductive freedom and justice.

- Kang is challenging incumbent Republican state Rep. Matt Reeves in a true swing district. Reeves is a MAGA extremist who believes abortion should be illegal and is endorsed by anti-choice groups.

Dr. Jasmine Clark (GA-HD108)

- State Rep, Dr. Jasmine Clark is a Georgia native, a mother of two, and a doctor of microbiology and molecular genetics. She was first elected to the Georgia state House in 2018 and serves on the Higher Education, Banks and Banking, and Budget and Fiscal Affairs Oversight Committees. She is also the policy chair of the House Democratic Caucus, the House Whip of the Legislative Black Caucus, and the co-chair of the GA Future Caucus. Her exemplary record as a legislator and community member earned her reelection in 2020 and 2022.
- State Rep. Clark is running against Republican challenger Elvia Davila.

Hawaii

Hawaii - Federal Races

Mazie Hirono (HI-SEN)

- U.S. Sen. Mazie Hirono was born in Fukushima, Japan, and is the only immigrant currently serving in the Senate. Hirono worked her way through college at the University of Hawaii at Manoa and through law school at Georgetown, before returning home to work as an attorney. She served in the Hawaii House of Representatives for 14 years, before her election to be the state's lieutenant governor. Hirono ran for the U.S. House in 2006 after winning a ten-way primary for the Democratic nomination. In 2012, Hirono ran for the U.S. Senate and won, becoming the first Asian American woman to ever serve in that chamber. She has long been a champion for reproductive rights and civil rights legislation.
- Sen. Hirono is running against Republican former state Rep. Bob McDermott.
- More about Hirono:
 - [Hawaii Sen. Mazie Hirono wins Democratic primary for third term, will face McDermott in general \(AP News, 8/11/24\)](#)

Illinois

Illinois - Federal Races

Nikki Budzinski (IL-13)

- Rep. Nikki Budzinski serves to improve the lives of workers. In Congress, Budzinski is fighting for affordable college and job training, affordable child care, and to help create good-paying middle-class jobs. She is committed to expanding access to care and is a staunch defender of reproductive freedom. Before running for office she was Illinois Gov. J.B. Pritzker’s senior advisor on labor issues, she led the charge to raise the minimum wage to \$15 per hour. Most recently, she served as chief of staff for President Biden’s Office of Management and Budget.
- Rep. Budzinski is defending her seat against Republican challenger Joshua Loyd, an unqualified extremist who opposes abortion rights and claims that Democrats are “killing our babies.”
- More about Budzinski:
 - [U.S. Rep. Nikki Budzinski is feeling optimistic about reelection in Illinois' 13th district \(STLPR, 10/11/24\)](#)
 - [Rep. Nikki Budzinski on Biden administration and US border, 2024 election and more \(KSDK-TV, 10/14/24\)](#)

Lauren Underwood (IL-14)

- Rep. Lauren Underwood is a registered nurse and was appointed by Obama to serve as a senior advisor at the U.S. Department of Health and Human Services (HHS) and helped implement the Affordable Care Act. During her time in Congress, she has had 14 pieces of legislation signed into law, including introducing and championing a provision to lower health care costs for American families. She is a fierce defender of reproductive freedom and is fighting against the criminalization of women and health care providers. She is the second Black woman in U.S. history to be elected to House leadership. She was the first woman and Black representative in her district.
- Underwood is defending her seat against Republican challenger James Marter.
- More about Underwood:
 - [House Forecast: Lauren Underwood is almost certain to win in Illinois's 14th district \(The Economist, 10/14/24\)](#)
 - [Rep. Lauren Underwood delivers speech to DNC on opening night in Chicago: Watch \(USA Today, 8/19/24\)](#)
 - [Convention Insider: Lauren Underwood Is Right at Home in Chicago \(The New York Times, 8/21/24\)](#)

Iowa

Iowa - Federal Races

Christina Bohannon (IA-01)

- Christina Bohannon is a law professor, engineer, and former state representative for Iowa's HD-85. The first in her family to graduate college, Bohannon went on to complete her law degree and clerk for the United States Court of Appeals for the Eleventh Circuit. More than two decades ago, Bohannon began teaching law at the University of Iowa in several areas. In 2020, Bohannon ran for the Iowa state House and defeated a 20-year incumbent. She served in the state legislature from 2021 to 2023.
- Bohannon is facing vulnerable incumbent Rep. Mariannette Miller-Meeks. Miller-Meeks is an anti-choice extremist who has supported a nationwide abortion ban and has voted for anti-choice legislation that would limit access to contraception and reproductive health services nationwide.
- More about Bohannon:
 - [Abortion, education priorities for Christina Bohannon campaign](#) (*The Gazette*, 10/13/24)
 - [Christina Bohannon touts legal background in calling to restore Roe v. Wade in Congress bid](#) (*Des Moines Register*, 10/12/24)
 - [Democrats Get Personal on IVF. Putting Republicans on Defensive](#) (*Wall Street Journal*, 3/30/24)

Kansas

Kansas - Federal Races

Sharice Davids (KS-03)

- Rep. Sharice Davids is a tireless fighter for Kansans in Congress. She co-sponsored seven bipartisan bills that became law in 2022, including protections for same-sex and interracial marriage, health benefits for millions of veterans exposed to toxins, and international supply chain reforms. As a member of the Ho-Chunk Nation, Rep. Davids made history in 2018 as one of the first Native American women elected to Congress. Rep. Davids is also the first openly LGBTQ+ member of the Kansas congressional delegation and the first Democratic woman to represent the 3rd Congressional District.
- Davids flipped this seat from red to blue in 2018 and successfully defended it in 2020 and 2022, despite Kansas Republicans' gerrymandering efforts. Republican challenger Prasanth Reddy's campaign has been largely funded by right-wing extremists, anti-abortion groups, and election deniers.

- More about Davids:
 - [Rep. Sharice Davids defends her seat against new challenger](#) (KMBC News, 10/13/24)
 - [LGBTQ+ people are facing a mental health crisis. Sharice Davids is ready to fight for them.](#) (LGBTQ Nation, 9/6/24)
 - [Kansas congressional rivals Sharice Davids, Prasanth Reddy elevate feud on abortion rights](#) (Kansas Reflector, 10/18/24)

New Hampshire

New Hampshire - Governor

Joyce Craig (NH-GOV)

- Joyce Craig is a lifelong Granite Stater who previously served as an Alderwoman and a member of the Board of School Committee before running for mayor of Manchester, New Hampshire in 2017. She defeated a four-term incumbent Republican to become the first woman elected mayor of Manchester and the first Democrat elected since 2005. In her three terms as mayor, Craig reduced violent crime by nearly 40%, supported the creation of thousands of new homes, brought in hundreds of millions of dollars in economic development, and has fought to support the public schools that mean so much to her family.
- Craig is running against anti-abortion MAGA extremist former U.S. Sen. Kelly Ayotte, who has voted to enact national abortion bans and defund Planned Parenthood, and has endorsed former President Donald Trump. *The Cook Political Report* categorizes this race as the only toss-up gubernatorial race this cycle and a critical seat for protecting reproductive freedom.
- More about Craig:
 - [Ayotte and Craig keep focus on their core issues, as governor race enters home stretch](#) (New Hampshire Public Radio, 10/10/24)
 - [Kelly Ayotte and Joyce Craig to face off in New Hampshire governor's race](#) (NBC News, 9/10/24)
 - [Democrat Joyce Craig speaks at New Hampshire town hall](#) (WMUR ABC 9, 9/15/24)

New Hampshire - Federal Races

Maggie Goodlander (NH-02)

- Maggie Goodlander was born and raised in Nashua – where her family has lived for over a hundred years – and has dedicated her life to public service. Goodlander was a foreign policy advisor in the U.S. Senate and as an intelligence officer in the Navy Reserve for

over a decade. Goodlander also served as counsel in the first impeachment of former President Donald Trump. This commitment to the rule of law led her to become the deputy assistant attorney general at the U.S. Department of Justice under President Biden. Most recently, Goodlander was a senior advisor in the Biden administration, where she led the Unity Agenda that is dedicated to beating the opioid epidemic, standing up for veterans, holding Big Tech accountable, and finding the cure for cancer.

- Goodlander is running against Lily Tang Williams, a rental property manager who has run for office in both New Hampshire and Colorado. Williams has been supported by the Heritage Foundation, which created Project 2025 and set the roadmap to ban abortion nationally.
 - [In a House Race in N.H., a Famous Spouse, and a Traumatic Pregnancy](#) (New York Times, 5/20/24)
 - [Goodlander's abortion rights plan targets crisis pregnancy centers](#) (Union Leader, 6/24/24)

New Hampshire - State Legislature

With 400 seats in the chamber, EMILYs List has endorsed and worked with 24 women in top hold and flip seats. We've worked for multiple cycles to invest in the caucus operation and this year have sent \$130k to the House caucus as a sign of our belief in their ability to flip this chamber by flipping a net 7 seats red to blue.

Shannon Chandley (NH-SD11)

- State Sen. Shannon Chandley is in her second term representing Merrimack, Milford, Wilton, and Amherst. She serves as a member of the Commerce and Judiciary Committees, where she has led the charge to improve New Hampshire's roads and eliminate the Merrimack tolls. Before her initial election to the state Senate in 2018, Chandley served in the New Hampshire House of Representatives for three terms, where she chaired the Committee on Resources, Recreation, and Development.
- Chandley is running against current New Hampshire state Rep. Tim McGough. The district has flipped in three straight elections and is a toss-up battleground.

Donna Soucy (NH-SD18)

- State Sen. Donna Soucy has served in the New Hampshire state Senate since 2012 and is currently the minority leader. She has a long and proven record of public service, including three terms as a State Representative, two terms as a Manchester alderperson, four terms on the New Hampshire School Board; she was also the first woman to serve as the chair of the Manchester Fire Commission. Leading the Senate's minority, Soucy has fought against abortion restrictions and for increased protections for health care providers.
- Soucy is challenged by former state Rep. Victoria Sullivan, a strong opponent of reproductive freedom.

Wendy Chase (NH-HD Belknap 5)

- After serving two terms in the New Hampshire state House from 2018 to 2022, former state Rep. Wendy Chase is running again to serve in Belknap's 5th district. Chase and her husband have owned their small business, Avalon Promotions, a New Hampshire Service-Disabled Veteran-Owned Small Business, for over two decades. She is a dedicated advocate for accessible health care and reproductive freedom.
- Chase is running in a multi-member district that will elect 4 candidates including current state Rep. Mike Bordes, a Republican who has voted against reproductive rights while in office.

Corinne Cascadden (NH-HD Coös 5)

- Dr. Corinne Cascadden is a native Granite Stater, a lifelong educator and advocate, and a freshman New Hampshire state representative. After a 45-year long career as a teacher, principal, and superintendent, Dr. Cascadden served on the New Hampshire School Commission, and currently serves on the board of directors for North Country Healthcare. She is an ardent advocate for reproductive rights and has been a strong voice against Republicans in the New Hampshire state legislature who have repeatedly tried to pass anti-abortion legislation during her time in office.
- Dr. Cascadden is running in a multi-member district that will elect 2 candidates. She is being challenged by Republican and former Coös County Sheriff Brian Valerino and Republican Peter Morency.

Jolene Farmer (NH-HD Grafton 6)

- Jolene Farmer is a former small-business owner and a staunch advocate for women, children, educators, and workers. A mother of four children who went to public schools, Farmer is passionate about improving public education and increasing their funding in New Hampshire.
- Farmer is running in an open red leaning single member district against Republican Linda Franz, a retired accountant and town government official. Franz has pledged to uphold the extremist agenda of her party.

Janet Lucas (NH-HD Grafton 7)

- Dr. Janet Lucas is a retired obstetrician and gynecologist who spent her career providing prenatal and maternal care to the underserved and uninsured. After retiring, she became a conservation commissioner on the Pemi River Local Advisory Committee and a member of the Campton Zoning Board of Adjustment. Lucas will fight to codify women's reproductive rights and protect women and physicians from prosecution while seeking abortion care.
- Dr. Lucas is running in an open blue leaning single member district against Republican Jon Gablinske, a selectman in Campton and retired Army contractor.

Shana Potvin (NH-HD Hillsborough 2)

- Shana Potvin was born and raised in New Hampshire, and is a graduate of Southern New Hampshire University. She is an experienced leader in local nonprofit organizations,

an active volunteer for the Bedford Public Library and the Bedford Energy Commission, and is a parent and volunteer in her children's schools. She is running to support public schools, protect reproductive freedom, and make health care and housing more accessible and affordable.

- Potvin is running in a multi-member district that will elect seven candidates. She is running alongside six other Democrats and seven Republicans.

Alicia Gregg (NH-HD Hillsborough 7)

- State Rep. Alicia Gregg is an advocate for domestic abuse victims and has fought for New Hampshire's families throughout her career. In the state House, she serves on the Child and Family Law Committee. She has voted and advocated for reproductive freedom, public school support, LGBTQ+ rights, and to protect the environment. She co-chairs a bipartisan organization, the Granite Bridge Legislative Alliance, which helps legislators work across the aisle to solve problems.
- Gregg is running for reelection in a multi-member district that will elect 3 candidates; Gregg's main opponent is former Republican state Rep. Edith Dee Hogan, who favors school choice and identifies as a constitutional conservative.

Wendy Thomas (NH-HD Hillsborough 12)

- Wendy Thomas previously served in the New Hampshire House of Representatives for two terms. She is a microbiologist and advocate for environmental justice and health protections, and currently serves as the executive director of the New Hampshire Challenge, which advocates for the disabled community in the Granite State. She also counsels businesses on energy saving techniques and resources through Energy Efficiency in New Hampshire.
- Thomas is running in a multi-member district that will elect 8 candidates; Thomas' main opponent is Republican state Rep. Maureen Mooney, who is in her fifth term in the New Hampshire House of Representatives and voted for a statewide abortion ban while in office.

Jessica Grill (NH-HD Hillsborough 18)

- State Rep. Jessica Grill is a New Hampshire native who has consistently voted to protect bodily autonomy and reproductive rights. Grill works as a media supervisor for an ad agency and manages paid media campaigns for tech, retail, eCommerce, and health care brands. She uses her social media marketing background to share her legislative experiences online in order to break barriers for the public.
- Grill is running for reelection in a multi-member district that will elect two candidates; she's running alongside one other Democrat and two Republicans.

Judy Johnson (NH-HD Hillsborough 29)

- Judy Johnson was born and raised in Manchester and spent 26 years working as a public school teacher and department head. Johnson currently runs a small business and serves as a community advocate and library board trustee and CCD teacher at St.

Lawrence Church. She is a tireless supporter of public education and will stand up for reproductive freedom and voting rights.

- Johnson is running in a multi-member district that will elect four candidates; she is running alongside three other Democrats and four Republicans.

Judi Lanza (NH-HD Hillsborough 29)

- Prior to being elected in 2022, state Rep. Judi Lanza worked for 37 years as a labor and delivery nurse. She has been a strong and unwavering voice against the abortion restrictions proposed by extreme Republicans in Concord and will fight to protect reproductive freedom.
- Lanza is running in a multi-member district that will elect four candidates; she is running alongside three other Democrats and four Republicans.

Melanie Renfrew-Hebert (NH-HD Hillsborough 29)

- Melanie Renfrew-Hebert is an adjunct faculty member at Manchester Community College with a long history of public service for New Hampshire. She is the current vice-chair of the Goffstown Budget Committee, the chair of the Goffstown Trustees of the Trust Funds, and the most recent appointment to the Goffstown Economic Development Council. Renfrew-Hebert and her wife have four children in the Goffstown public school system, for which she has been a strong advocate.
- Renfrew-Hebert is running in a multi-member district that will elect four candidates; she is running alongside three other Democrats and four Republicans.

Marjorie Porter (NH-HD Hillsborough 30)

- Marjorie Porter is a former New Hampshire state representative and a school teacher running to serve in the state House once again. A strong advocate for public education and a teacher for over 30 years, Porter's track record from her time in office is defined by defending reproductive rights and advocating for common-sense gun safety.
- Porter is running in a multi-member district that will elect three candidates; she's running alongside two other Democrats and the three incumbent Republicans.

Kat McGhee (NH-HD Hillsborough 35)

- Kat McGhee has over 20 years of experience as a technology training professional. She was first elected to the state House in 2018 and served as a member of the Science, Technology & Energy Committee, where she worked for clean energy and water legislation, collaborated with utilities and consumer advocates on energy issues, and helped develop goals for state emissions reduction targets.
- McGhee is running for reelection in a multi-member district that will elect two candidates; alongside her fellow incumbent Democrat and two Republicans.

Maxine Mosley (NH-HD Hillsborough 39)

- Maxine Mosley is a retired educator and school counselor with over 40 years in the Manchester public school system. She was a proud union member with leadership in the Manchester Education Association and still helps in the design and presentation of

workshops relating to equity, disability rights and justice, trauma, bullying intervention, and other important topics for young Granite Staters.

- Mosley is running in a multi-member district that will elect two candidates; her Republican opponents, Jonathan Morton and Mark Warden, are against repealing New Hampshire's existing abortion ban.

Sarah Chadzynski (NH-HD Hillsborough 42)

- Chadzynski is the U.S. executive director Dattalion, a nongovernmental organization and international group of volunteers working to create and share a database of records and accounts from the war in Ukraine in order to convey the truth. She also serves as an educator/guide for the Gaia Education Outreach Institute, and is secretary for the Wilton Lyndeborough Women's Club.
- Chadzynski is running to flip a seat in a multi-member district that will elect three candidates; Chadzynski is running for one of the seats alongside two other Democrats against Republicans who have been opponents of reproductive freedom in the state.

Ruth Heath (NH-HD Merrimack 4)

- Ruth Heath has a rich history of community service, beginning in college when she volunteered for Head Start, at an orphanage, and at a home for disabilities. She was later involved with the YMCA and the Cleveland Association of the Blind, and has held leadership positions in the Canterbury Energy Committee, the Sycamore Community Garden, the Solarize Canterbury campaign, and the New Hampshire Interfaith Power and Life.
- Heath is running to flip a seat in a multi-member district that will elect two candidates, both of which are currently represented by Republicans who have been opponents of reproductive freedom in the state. Heath is running for one of the seats alongside one other Democrat.

Allison Knab (NH-HD Rockingham 12)

- A passionate and proven community leader, state Rep. Knab has served on the Stratham Select Board since 2018. She has been vice chair since the spring of 2022 and is only the second woman to have sat on the board. She is also the Executive Director of the nonprofit Great Bay Stewards and has worked with numerous town boards and committees.
- Knab is running for reelection in a multi-member district that will elect two candidates. She is running alongside her fellow incumbent Democrat and EMILYs List-endorsed candidate state Rep. Zoe Manos against two anti-choice Republican challengers.

Zoe Manos (NH-HD Rockingham 12)

- Zoe Manos is an attorney and spent 22 years representing parents and children in neglect and abuse cases in Portsmouth, New Hampshire and Lawrence and Haverhill, Massachusetts. Manos will work hard to ensure that all people have access to safe and affordable contraception and that abortion services are safe and accessible in New

Hampshire. Manos will work hard to protect the right to choose whether or not to terminate a pregnancy under the standards of *Roe v. Wade* in New Hampshire.

- Manos is running for reelection in a multi-member district that will elect two candidates. She is running alongside her fellow incumbent Democrat and EMILYs List-endorsed candidate state Rep. Allison Knab against two anti-choice Republican challengers.

Erica de Vries (NH-HD Rockingham 29)

- Erica de Vries is the owner of a consulting company, Accessio Strategies, which provides fundraising guidance to nonprofit organizations across New England, including environmental organizations, schools and colleges, animal welfare organizations, arts organizations, and museums. She is active in her community, including chairing her town's Zoning Board of Adjustments. She serves in the local, county, and state Democratic Party. In 2020, she was elected to be one of New Hampshire's national delegates for Senator Amy Klobuchar.
- De Vries is running in a multi-member district that will elect four candidates alongside three other Democrats and four Republicans.

Cassandra Levesque (NH-HD Strafford 4)

- Cassandra Levesque has served as Barrington's State Representative for six years, sponsoring and co-sponsoring many pieces of legislation including removing the exception of married minors from the definition of sexual assault and a bill that requires employing school administrative units, school districts, and charter public schools to provide employees who require a criminal history records check with materials concerning sexual abuse prevention. Levesque is a former girl scout and was the youngest representative elected in the 2018 election cycle at the age of 19.
- Levesque is running for reelection in a multi-member district that will elect 3 candidates. She is running alongside two other Democrats and faces three Republicans. The strongest Republican opponent, Len Turcotte, is in favor of an extreme abortion ban.

Linda Tanner (NH-HD Sullivan 5)

- In addition to serving the people of New Hampshire House District Sullivan 5, state Rep. Linda Tanner is a member of the Education Committee and is a senior minority advisor in the Democratic Caucus. Tanner is a retired health and physical education teacher and tennis coach.
- Tanner is running in a single member district and is being challenged by Republican George Grant, an anti-choice extremist who is in favor of a statewide abortion ban.

Codi Raymond (NH-HD Sullivan 8)

- Codi Raymond is a pro-choice champion who has not only been endorsed by EMILYs List but a host of other organizations championing progressive values, including Move the Goalposts, New Hampshire AFL-CIO, the Progressive Turnout Project, and the Sullivan County Democrats. Her main issue areas of interest are women's rights and equality, civil rights and equal justice, and union and workers' rights.

- Raymond is in a multi-member district that will elect two candidates. She is running alongside EMILYs List-endorsed incumbent state Rep. Hope Damon and working to unseat the current Republican incumbent, state Rep. Jonathan Stone. Stone is a MAGA extremist with a troubling history of violent threats, misogynistic statements, and attempts to hide his records.

Hope Damon (NH-HD Sullivan 8)

- Freshman State Rep. Hope Damon is an education advocate and breast cancer survivor who has helped to raise millions of dollars for cancer research. For the past decade, Damon has served on the board and as co-chair of the New Hampshire Women's Foundation Grantmaking Committee, which invests in opportunity and equality for women and girls in the Granite State through research advocacy, education, grantmaking and philanthropy.
- Damon is running for reelection in a multi-member district that will elect two candidates. She is running alongside EMILYs List-endorsed Codi Raymond.

New Hampshire Executive Council

Karen Liot Hill (NH-Executive Council 2)

- Karen Liot Hill is a nineteen-year city councilor in the City of Lebanon. Her time in public service has focused on issues of sustainability, social justice, economic vitality, affordable housing, transparency, and inclusiveness. Hill also served as Lebanon's Mayor in 2008 and 2009, where she led the city in signing onto the Mayors' Climate Protection Agreement. She has been a steadfast and vocal advocate for reproductive freedom, environmental protections, and LGBTQ+ rights.
- Hill faces Republican Kim Strathdee for this critical blue hold seat on the New Hampshire Executive Council, which is currently represented by four Republicans and just one Democrat, Cinde Warmington. The Executive Council is responsible for all state contracts, including with organizations that provide reproductive health care, making an all-Republican council an imminent danger to Granite Staters' safety and wellbeing.

Melanie Levesque (NH-Executive Council 5)

- Melanie Levesque grew up in Nashua, New Hampshire and has lived in Brookline for 30 years. She previously served several terms in Concord as a state representative. Levesque was the first Black woman to serve in the New Hampshire state Senate and now owns a telecommunications consulting business.
- Levesque is challenging seven-term Republican incumbent Dave Wheeler for this critical potential flip seat on the New Hampshire Executive Council. Wheeler is an anti-choice zealot who opposed family planning services from 2015-2023 and the codification of abortion rights in 2024, as well as served on the board of an extreme organization that praised Alabama's ruling banning IVF earlier this year.

New Jersey

New Jersey - Federal Races

Sue Altman (NJ-07)

- Sue Altman is nonprofit executive director, longtime advocate, and former educator from New Jersey's 7th Congressional District. Altman became a leader in the movement for New Jersey's public education when she stood up to then-Gov. Chris Christie in order to protect teachers and fight against cuts to public schools. She also worked on behalf of the people of New Jersey as the executive director of New Jersey Working Families Alliance, which exists to fight political corruption, ensure financial accountability in government, and make New Jersey a just and more equitable place for all.
- New Jersey's 7th Congressional District is currently represented by Republican Rep. Tom Kean, Jr., who barely won election in 2022 and has spent his first term in office undermining our fundamental freedoms at every turn. Kean has supported a national abortion ban, voted for legislation that sought to spread disinformation about abortion and criminalize doctors, and tried to stop legislation that codified reproductive rights in the state.
- More about Altman:
 - [The Star-Ledger endorsement: Sue Altman for Congress over Tom Kean Jr. \(NJ.com, 10/10/24\)](#)
 - [New Poll: Sue Altman in Two-Point Race with Tom Kean, Jr. – a Statistical Tie \(Insider NJ, 10/8/24\)](#)

Nellie Pou (NJ-09)

- State Sen. Nellie Pou served in the New Jersey state Assembly from 1997 to 2012. She was elected to the state Senate in 2011 and was reelected in 2013, 2017, 2021, and 2023. She made history as the first woman and the first Latina elected to represent the 35th Legislative District. Pou is a champion for reproductive rights and sponsored legislation that required the New Jersey Department of Health to create a website with information on reproductive rights.
- Pou is running for New Jersey's 9th Congressional District formerly held by the late Democratic Rep. Bill Pascrell; this seat is a critical blue hold in order for Democrats to take back control of the U.S. House.
- More about Pou:
 - [Nellie Pou is almost certain to win in New Jersey's 9th district \(The Economist, 10/11/24\)](#)
 - [Democrats tap N.J. Sen. Nellie Pou to replace late congressman for 9th District \(NJ.com, 9/6/24\)](#)

New York

New York - U.S. Senate

Kirsten Gillibrand (NY-SEN)

- Sen. Kirsten Gillibrand is running for reelection to continue fighting for New York families in the U.S. Senate, just as she has been doing since 2009. She first ran for Congress in 2006 for New York's 20th Congressional District, beating a long-term Republican incumbent in a competitive race. In 2010, Gillibrand launched Off the Sidelines, an organization that works to help women and girls get involved in politics, raise their voices, and put their names on the ballot. Gillibrand is a pro-choice champion who is committed to protecting and defending access to the full range of reproductive health care services, and she will continue to stand with her colleagues to defend against Republican attacks on abortion access.
- Gillibrand will be defending her seat against proud anti-choice Republican Mike Saproiccone, a vocal Trump supporter who is still calling for the former president's criminal convictions to be overturned.
- More about Gillibrand:
 - [Scoop: Gillibrand hauls in 6-figures for embattled House Democrats \(Axios, 10/2/24\)](#)
 - [NY race for US Senate: Gillibrand talks Adams indictment, term limits, economy \(Pix11, 10/1/24\)](#)

Laura Gillen (NY-04)

- Laura Gillen is the former Hempstead Town supervisor and an adjunct professor of law at Hofstra University. Gillen graduated from Georgetown University and New York University's School of Law and was first elected to serve as the supervisor of Hempstead Town, America's largest township, in 2017. During her time in office, she commenced litigation to recover damages for contaminants in the public water supply and passed critical legislation relating to sexual harassment, veterans benefits, and ethics reform.
- Gillen will face a rematch against incumbent Republican Rep. Anthony D'Esposito, an anti-choice extremist who praised the overturning of *Roe v. Wade* and supports allowing states to ban abortion with no exceptions for rape, incest or the life of the pregnant person. D'Esposito also has a history of scandal and alleged abuse during his time as a law enforcement officer and councilman.
- More about Gillen:
 - [Lauren Gillen added to DCCC's 'Red to Blue' program \(Spectrum News NY1, 3/28/24\)](#)
 - [Long Island House race offers competitive rematch as GOP looks to capitalize on recent victories \(New York Post, 9/1/24\)](#)

North Carolina

North Carolina - State Executive

Rachel Hunt (NC - Lieutenant Governor)

- State Sen. Rachel Hunt is an attorney and a mom. She spent the first part of her legal career working for women and children, defending them in court when no one else could. She ran for public office, beating a four-term incumbent in the NC House under gerrymandered maps - and she hasn't stopped fighting since. As a state Senator, Hunt has voted against their attempts to eliminate freedoms North Carolina women have had for more than 50 years.
- Hunt will face three other candidates for the office of lieutenant governor, including Republican candidate Hal Weatherman, an anti-choice extremist who plans on advocating for a near-total abortion ban.

Elaine Marshall (NC - Secretary of State)

- In 1996, Elaine Marshall became the first woman elected to a statewide executive branch office in North Carolina. In 2015, she served as president of the National Secretaries of State. In 1993 and 1994, Sec. Marshall served in the North Carolina Senate, where she was named "Rookie of the Year" and listed among "Legislators to Watch" by the *News & Observer*. In the state Senate, she provided a powerful voice for improving health care in North Carolina. Sec. Marshall successfully shepherded North Carolina's Marital Rape Bill through the state Senate.
- Sec. Marshall will defend her seat against Republican challenger Chad Brown, an anti-abortion extremist.

North Carolina - Judicial

Allison Riggs (NC Supreme Court)

- Justice Allison Riggs has served on the North Carolina Supreme Court since she was appointed by Gov. Cooper in 2023. After law school, Riggs spent 14 years as a civil rights and voting rights attorney at the Southern Coalition for Social Justice in Durham, North Carolina, eventually serving as the co-executive director for programs and chief counsel for voting rights. She also argued before the U.S. Supreme Court twice in landmark redistricting cases. As a justice, her guiding principles are integrity, transparency, consistency and empathy. As the youngest woman to ever serve on our state supreme court, Riggs brings an important and new perspective to the bench.
- Riggs is running against Republican challenger Jefferson Griffin, a supporter of far-right extremist governor candidate Mark Robinson. Griffin also co-authored an opinion last

year that stated that “life begins at conception” and was unable to provide details about why the opinion was later withdrawn.

North Carolina - State Legislature

EMILYs List has endorsed and invested in women who will break the Republican supermajorities in the state Legislature that brought about North Carolina’s extreme abortion ban.

Kandie Smith (NC-SD05)

- Before serving in the North Carolina state House, state Rep. Kandie Smith made history by becoming the first Black woman mayor of Greenville, North Carolina. She was first elected to the North Carolina General Assembly in 2018 and later was elected to the state Senate in 2022. In the state Senate, she has taken on several leadership roles, serving as 1st vice chair of the Legislative Black Caucus and 2nd vice chair of the Bipartisan Women’s Caucus.
- State Sen. Smith faces Republican Alexander Paschall.

Lisa Grafstein (NC-SD13)

- State Sen. Grafstein has been a civil rights lawyer since 1995 and has served as the representative for Senate District 13 since her election in 2022. Her passion for advocating for people with disabilities led her to join the nonprofit organization Disability Rights North Carolina, and she has also managed and volunteered several campaigns for Democratic judges.
- State Sen. Grafstein will be facing challengers Republican Scott Lassiter and Libertarian Susan Hogarth. Lassiter has tried to hide his anti-abortion position but supports North Carolina’s abortion ban.

Valencia “Val” Applewhite (NC-SD19)

- Val Applewhite is a first term state Senator. A decorated veteran, state Sen. Applewhite retired honorably after a 20-year intelligence and communications security career in the United States Air Force. She continued her public service as an Air Force civilian leading the Information Assurance Directorate at the Air Force Pentagon Communications Agency in Washington D.C. State Sen. Applewhite previously served three terms on the Fayetteville City Council.
- State Sen. Applewhite is facing Libertarian Steven Swinton and Republican Semone Pemberton in the general election.

Woodson Bradley (NC-SD42)

- Woodson Bradley has been a realtor in Charlotte since 2002 and owns her own boutique real estate firm. Owning a small business drives her to strengthen the local economy and she is always looking for ways to improve the business climate in Charlotte. She is

running for Congress to build a robust economy, improve infrastructure and public schools, and protect abortion access in North Carolina.

- Bradley is running against Republican Stacie McGinn, who supports restricting reproductive rights through North Carolina’s abortion ban.

Evonne Hopkins (NC-HD35)

- Evonne Hopkins successfully operates and owns the Raleigh Law Center in North Raleigh practicing family law. She volunteers with “The Child’s Advocate,” a project of Legal Aid, representing children in high conflict custody cases. Evonne is the recipient of Legal Aid’s 2023 Pro Bono Hero Award.
- Hopkins faces two opponents: Libertarian Michael Oakes and Republican Mike Schietzelt(R). Schietzelt is an anti-abortion extremist who wants to safeguard the lives “of our innocent unborn children.”

Safiyah Jackson (NC-HD37)

- With two decades of experience as an administrator, educator and coach, Safiyah Jackson’s values are rooted in community, curiosity, and compassion. She’s earned two Master’s degrees in early childhood and school psychology. Jackson has served as a corporate consultant and pro-bono consultant for small businesses from automotive to climate businesses from child care owners to social entrepreneurs. She also has 20 years of experience as a non-profit professional and currently serves as chief strategy officer for a network of early childhood non-profits.
- Jackson faces two opponents in the general election: Libertarian Christopher Robinson and Republican incumbent Erin Paré. Paré, an anti-choice extremist who voted to pass an extreme abortion ban.

Diamond Staton-Williams (NC-HD73)

- State Rep. Diamond Staton-Williams is a mother, small business owner, registered nurse, former town councilwoman in the city of Harrisburg, and current representative for District 73. State Rep. Staton-Williams is also a founding member of the Black Political Caucus of Cabarrus County and is running to advocate for strong public education, economic development, expanded broadband infrastructure, and increased mental health resources. In her freshman year, Stanton-Williams has been leading legislation to preserve abortion access and access to contraceptives.
- State Rep. Staton-Williams is running for reelection against Republican challenger Jonathan Almond, an anti-choice extremist who wants to “do more to protect the lives of unborn children in North Carolina” and believes the state has become “a hub for abortion”.

Beth Helfrich (NC-HD98)

- Beth Helfrich is a third-generation Davidson resident and proud graduate of North Mecklenburg High School and Davidson College. She is a former teacher and school leader, an engaged citizen, and a community champion with a family-owned small

business. She's also served as PTO President and is a member of the School Improvement Team.

- Helfrich is running against Melinda Bales (R), an extreme Republican who supports banning abortion.

Laura Budd (NC-HD103)

- State Rep. Laura Budd has 20 years of experience in practicing law, where she concentrates on business litigation and contract law. Budd is the president of the Matthews Athletic Recreation Association, a member of the board of directors for the Mecklenburg County Bar Association, as well as a member of the Matthews Chamber of Commerce and Women.
- State Rep. Budd will be seeking reelection against pro-Trump Republican extremist Joshue Niday, who supports banning abortion access.

Nicole Sidman (NC-HD105)

- After earning undergraduate and law degrees from the University of Michigan, Nicole Sidman went on to practice law, with a brief foray into high school teaching. Since 2021, Nicole has worked at Temple Beth El, the largest reform congregation in Charlotte, in various capacities, starting in the role as the part-time social justice outreach coordinator and currently serving as the director of congregational life.
- Sidman is running as a challenger to Republican incumbent Tricia Cotham. Cotham ran and won the election to represent District 112 as a Democratic candidate but switched parties four months into her service, restoring the GOP supermajority and voting to support the abortion ban passed in North Carolina.

Lindsey Prather (NC-HD115)

- State Rep. Lindsey Prather is a teacher, public servant, and community activist. Prather has been an integral member of the Buncombe Democrats, where she has focused on enhancing voter education and spearheaded voter registration efforts. Since Prather's election in 2022, she has fought back against extremism from both sides of the aisle, helping protect public schools, reproductive freedom, and the mountain way of life.
- State Rep. Prather will be defending her seat against Republican challenger candidate Ruth Smith in the general election.

Maine

Maine - State Legislature

Cameron Reny (ME-SD13)

- State Sen. Cameron Reny grew up in Maine and is a certified school counselor, educator, community advocate, union member, and mother of two young children. Reny has fought for children and families at every step of her career and in Augusta. She

introduced five bills that passed in her first term, including legislation that would expedite the health insurance referral process for specialists.

- Remy is being challenged by Dale Harmon, a selectperson for the Town of Boothbay. Remy won this seat by just over 2,000 votes in 2022.

Raegan LaRochelle (ME-SD15)

- State Sen. Raegan LaRochelle is a small business owner and economic development consultant who previously served as an At-Large city councilor. LaRochelle was first elected in 2021 in a special election. While in the state House, she has served on the Legislature's Joint Standing Committee on Innovation, Development, Economic Advancement, and Business.
- LaRochelle is running against current Republican state Rep. Dick Bradstreet for the seat left open when Republican Sen. Matt Pouliot decided not to run for reelection. The district narrowly went for Trump in 2020.

Holly Eaton (ME-HD15)

- State Rep. Holly Eaton was elected in 2022 and is passionate about environmental preservation, serving as a member of the Marine Resources Committee. Eaton also previously served on the school board for the Town of Deer Isle and on the Deer Isle Appeals Committee, and was the community liaison for the Maine Center for Coastal Fisheries.
- Eaton is running against Jason Joyce, a lobsterman running as an Independent after he lost the 2022 election as a Republican. He is a strong supporter of former President Trump and was a speaker at the 2024 Republican National Convention.

Cassie Julia (ME-HD65)

- Cassie Julia is a champion for education and founded Friends of Waterville Public Schools to protect the schools from political battles over their budgets. For years, she successfully raised thousands of dollars to pre-pay lunch fees for all reduced-lunch qualifying K-12 students before the state provided free lunch for all. Julia has received a Board of Education recognition award for her advocacy.
- Julia beat anti-choice Democrat state Rep. Bruce White by almost 30 points in the primary election. She now faces Republican opponent, Tammy Brown.

Carrye Castleman-Ross (ME-HD83)

- Carrye Castleman-Ross currently serves as a Bridgton selectperson, the Chair of Bridgton's Sustainability & Energy Efficiency Committee, and the liaison for Bridgton's Community Development, Arts & Culture Committee. She is also a professional writer and small business owner. Castleman-Ross has deep roots in her Maine community and is devoted to public service.
- Castleman-Ross is running against Republican Marygrace Caroline Cimino for this seat, which is currently represented by an Independent.

Stefanie Mahr Damien (ME-HD88)

- Stefanie Mahr Damien is a small business owner, active community member, and a mother of two adult daughters. She has worked with the Women’s Literary Union, the Auburn Business Association, and the Chamber of Commerce. Mahr Damien wants to fight for marginalized communities, including seasonal migrant workers, the disabled, and the elderly.
- Mahr Damien faces Republican Quentin Chapman, a retired Army veteran who is supported by the Dinner Table PAC, which aims to create a conservative majority in the Maine House.

Anne “Annie” Graham (ME-HD105)

- After 35 years of experience as a pediatric nurse practitioner, state Rep. Annie Graham retired and continued her passion for public service, serving three terms in the Maine state House since 2010. Graham sits on the Health and Human Services Committee and is the Chair of the Committee on Bills in the Second Reading. She has been a champion for working families, supporting multiple initiatives for child tax credits and tax relief.
- Graham’s opponent is a former member of the Maine state House, Susan Austin, who represented District 67 from 2014 to 2022 and was given a 100% rating by an extreme anti-abortion group in Maine.

Jane Pringle (ME-HD107)

- State Rep. Jane Pringle is a physician with a career-long commitment to public service and the welfare of the families in her community. She was first elected to the Maine House of Representatives in 2012, representing District 111 for a term. Currently, she represents District 107.
- Pringle is being challenged by Republican Mark Cooper in this recently redistricted seat.

Anne-Marie Mastraccio (ME-HD142)

- State Rep. Anne-Marie Mastraccio has served a total of five nonconsecutive terms in the Maine House of Representatives. She has held a number of key chairperson positions during this time, from Labor, Commerce, Research and Economic Development, to Government Oversight. Before the Maine state House, Mastraccio was a member of the Sanford Regional Economic Growth Council and spent thirty years as an elected official in Sanford, most recently as mayor.
- Mastraccio’s opponent, Republican Amy Bell, supports multiple restrictions and bans on abortion, including ending state government funding for reproductive care.

Katie Manende Hall (ME-HD143)

- Katie Manende Hall is a forester and manager of the Vegetation Management Department at Central Maine Power. She attended the University of Maine, where she earned forestry and ecology degrees. She volunteers building Maine trails and advocating for mental health and suicide prevention. Manende Hall also serves on the Maine Tree Foundation Board of Directors.
- Manende Hall is challenging Republican state Rep. Ann Marie Fredericks in this critical flip seat. Fredericks has voted for harmful anti-abortion and anti-LGBTQ+ legislation.

Maryland

Maryland - Federal Races

Angela Alsobrooks (MD-SEN)

- Angela Alsobrooks is a proven leader and lifelong Marylander running for an open U.S. Senate seat to bring her experience and leadership to a chamber where she will be a catalyst for change. Alsobrooks currently serves as county executive for Prince George's County. She is the first woman and the first Black woman elected to the position of county executive in Maryland's history. Previously, she served as the state's attorney for Prince George's County, where she worked to reduce youth truancy and violent crime.
- Alsobrooks is running for the open seat currently held by retiring Democratic Sen. Ben Cardin. She will face former Delaware Gov. Larry Hogan (R) in the general election. Hogan has been trying to mislead voters about his anti-abortion agenda, but while in office, he vetoed funding for health care centers to perform abortions.
- More about Alsobrooks:
 - [Angela Alsobrooks Is Campaigning for History — If She Can Best Larry Hogan \(NOTUS, 6/21/24\)](#)
 - [Obama backs Alsobrooks, says Senate control 'could come down' to Md. \(Washington Post, 10/4/24\)](#)

April McClain Delaney (MD-06)

- April McClain Delaney knows firsthand the issues families face daily. Her 20 years of experience working in media and tech helped her to assist small businesses connect and market globally. McClain Delaney worked for 15 years in leadership at Common Sense Media and then as deputy assistant secretary for communications in President Biden's Commerce Department. McClain Delaney is seeking election to Maryland's 6th Congressional District to hold the open "blue leaning" seat, currently represented by Democratic Rep. David Trone. McClain Delaney's win in this highly competitive general election is critical to winning back the Democratic majority in the U.S. House and protecting our fundamental freedoms.
- McClain Delaney will face anti-abortion Republican Neil Parrot in the general election.
- More about McClain Delaney:
 - [Issues affecting women spark tension in Md.'s close 6th District race \(The Washington Post, 10/11/24\)](#)
 - [April McClain Delaney: Candidate for U.S. Congress in Maryland's 6th District \(WYPR, 9/23/24\)](#)

Sarah Elfreth (MD-03)

- Sarah Elfreth was raised by working class parents who were both union-members and taught her the value of hard work and public service. In 2018, Sarah Elfreth became the

youngest woman elected to the state Senate in Maryland history. Within her first six years in office, she has passed 91 bills into law on issues that impact Maryland families.

- Elfreth will face anti-abortion Republican Rob Steinberger in the general election.
- More about Elfreth:
 - [Sarah Elfreth, Maryland's Youngest Female State Senator, Wins House Primary \(The New York Times, 5/14/24\)](#)
 - [Election 2024: The future of MD's third congressional district \(WYPR, 10/9/24\)](#)

Massachusetts

Massachusetts - Federal Races

Elizabeth Warren (MA-SEN)

- Currently in her second term, U.S. Sen. Elizabeth Warren has been fighting for middle class families her entire life. Currently in her second term, Warren has spent her life in public service. After graduating from Rutgers Law School, Warren taught at law schools across the country for the next 30 years, and focused her research on the economic traps facing families. She fought to create the Consumer Financial Protection Bureau after the economic crash in 2008 to protect people from big banks. Warren became Massachusetts' first woman U.S. Senator when she defeated incumbent Scott Brown in 2012, and won reelection by a wide margin in 2018. Her time in the Senate has shown her courageous and progressive leadership, where she has fought for structural change to transform the economy and rebuild the middle class.
- Warren is being challenged by Republican John Deaton, an attorney and veteran who just moved to Massachusetts this year. She holds a large lead over Deaton leading into the election.
- More about Warren:
 - [WARREN COMFORTABLY AHEAD IN MA SENATE RE-ELECTION BID; VOTERS GENERALLY POSITIVE ON BALLOT QUESTIONS \(Boston Herald, 9/19/24\)](#)
 - [Mass. US Senate race: Warren leads Deaton, poll finds \(WCVB ABC 5, 9/20/24\)](#)

Michigan

Michigan - Federal Races

Elissa Slotkin (MI-SEN)

- Rep. Elissa Slotkin is a third-generation Michigander who has dedicated her career to national security, from being recruited by the Central Intelligence Agency where she

served three tours in Iraq, to serving in the White House and Pentagon. She ran for office after her mother, who died of ovarian cancer in 2011, struggled to afford health care because insurance companies gouged her based on a pre-existing condition. In office, she championed the CHIPS Act to protect Michigan's auto industry, advocated for bipartisan infrastructure laws, and is a powerful advocate for our freedoms.

- Slotkin is running for Sen. Debbie Stabenow's open seat against former Rep. Mike Rogers. He has an anti-abortion record and voted 56 times in his twenty years in the House to restrict or ban reproductive health care.
- More about Slotkin:
 - [4 takeaways from the Elissa Slotkin-Mike Rogers US Senate debate \(Detroit Free Press, 10/15/24\)](#)
 - [Endorsement: Elissa Slotkin, with refreshing ideas, gets Freep nod for US Senate \(Detroit Free Press, 10/11/24\)](#)
 - [The Democrats' Patriotic Vanguard \(The Atlantic, 9/5/24\)](#)
 - [Elissa Slotkin fought for Michigan workers in Congress. Now they have her back in Senate run \(The 'Gander, 7.11.24\)](#)

Hillary Scholten (MI-03)

- Rep. Hillary Scholten made history as the first Democratic woman to ever represent West Michigan in the U.S. House. As both a social worker and an attorney, Scholten has fought for the rights of those left behind from housing discrimination against the LGBTQ+ community by joining the Michigan Immigrant Rights Center and Times Up Legal Defense Fund. While in Congress, Scholten has focused on critical infrastructure investments, improving public education, and fighting for West Michiganders' fundamental rights.
- Rep. Scholten is running for reelection in this district against challenger Paul Hudson, an East Grand Rapids attorney endorsed by anti-choice groups.
- More about Scholten:
 - [Facing challenge from Hudson, Scholten fights to keep her West Michigan US House district blue \(Michigan Advance, 10/11/24\)](#)
 - [Meet Michigan District Three Congressional Candidate Hillary Scholten \(Fox 17, 8/5/24\)](#)
 - [U.S. Rep. Scholten weighs in on national issues affecting local schools \(School News Network, 10/2/24\)](#)

Jessica Swartz (MI-04)

- Jessica Swartz was born and raised in West Michigan by a public school teacher and small business owner. She became an appellate attorney for the U.S. Department of Veterans Affairs, where she fought to make sure veterans got the benefits they deserved by cracking down on waste, fraud, and abuse. She joined Western Michigan University as the deputy general counsel and specialized in free speech cases. In 2018, Swartz worked to prevent partisan gerrymandering with the nonpartisan organization Voters Not Politicians, work she will continue to do in Congress. As a fierce champion for

reproductive rights, Swartz released the first IVF ad this election cycle which featured her own personal story of having her daughter through fertility treatment.

- Swartz is challenging anti-abortion extremist Rep. Bill Huizenga, who has served in Congress since 2011 and endorsed Trump.
- More about Swartz:
 - [Dems seek to flip historically Republican congressional seat in West Michigan in 2024 \(Michigan Advance, 7/19/23\)](#)
 - [Democratic Congressional Candidate in Michigan to Air First I.V.F. Ad of Election Cycle \(New York Times, 3/6/24\)](#)
 - [Know Your Candidates: Jessica Swartz, running for U.S. House District 4 \(News Channel 3, 10/16/24\)](#)

Kristen McDonald Rivet (MI-08)

- Kristen McDonald Rivet was born and raised in a small town in Michigan and has dedicated her career to helping families and children have more opportunities to thrive. As the executive director of Michigan Head Start Association, chief of staff for Michigan's Department of Education, and vice president of the Skillman Foundation, she made major gains in improving Michigan's child care system and revitalizing her community. McDonald Rivet was elected to the Michigan state Senate in 2022, where she successfully passed the largest tax cut for working families in Michigan's history and fought to protect abortion rights.
- This race is for one of the most competitive open U.S. House seats in the country. McDonald Rivet is working to secure the open "toss-up" seat, which is currently represented by Rep. Dan Kildee (D) against self-funder Paul Junge, an extreme anti-choice MAGA Republican who has said he wants to ban nearly all abortion with no exceptions.
- More about McDonald Rivet:
 - [Meet McDonald Rivet. Junge: Candidates for 8th Congressional seat \(Midland Daily News, 10/11/24\)](#)
 - [Junge, McDonald Rivet spar for key open House seat in mid-Michigan \(The Detroit News, 9/26/24\)](#)
 - [Endorsement: 1 candidate is qualified to replace Dan Kildee in Michigan's 8th District \(Detroit Free Press, 10.4.24\)](#)

Michigan - State Judiciary

Winning 1 of 2 Supreme Court seats is needed to maintain a pro-choice, progressive majority. 2 of 2 seats would expand that majority.

Kyra Harris Bolden (MI-Supreme Court)

- Justice Kyra Harris Bolden became the first Black woman to serve on the Michigan Supreme Court after being appointed by Gov. Gretchen Whitmer in 2023. After attending Grand Valley State University for her bachelor's degree and the University of Detroit

Mercy School of Law, Bolden became a criminal defense attorney, and later, a civil litigation attorney. She was elected to the Michigan state house in 2018, and was reelected in 2020. While serving in the state House, she sat on the Judiciary Committee and was instrumental in the passage of five bills that focused on criminal justice reform and protecting survivors of sexual violence, all of which received bipartisan support.

- Justice Harris Bolden is running against Patrick William O’Grady, who has been endorsed by Trump, as well as staunch anti-abortion and right-wing extremist organizations. Michiganders were able to vote to enshrine reproductive rights in their state constitution thanks to the state Supreme Court blocking Republican attempts to stop the ballot amendment, making protecting the pro-choice majority critical.
- More about Justice Harris Bolden:
 - [Meet the MI Supreme Court candidates: Kyra Harris Bolden](#) (*Michigan NPR*, 10/10/24)
 - [Tight Michigan Supreme Court race draws attention from Trump. ACLU](#) (*The Michigan Daily*, 10/7/24)
 - [Kyra Harris Bolden pledges justice ‘without fear or favor’ on Michigan Supreme Court](#) (*The ‘Gander*, 5/28/24)

Kimberly Thomas (MI-Supreme Court)

- Kimberly Thomas is a law professor at the University of Michigan Law School, where she leads the Juvenile Justice Clinic, representing those who cannot afford lawyers. Thomas was honored with a U.S. Fulbright Scholar award and taught at the University College Cork School of Law in Cork, Ireland. She served on the bipartisan Michigan Task Force on Juvenile Justice Reform, where she made recommendations for improvement of the state’s juvenile justice system using a data-driven approach. Thomas is particularly passionate about representing low-income Michiganders and teaching students about practicing law.
- Thomas is running for retiring Justice David Viviano’s open seat against state Rep. Andrew Fink, an anti-choice extremist who sponsored abortion bans and a bill that would allow for discrimination against LGBTQ+ people.
- More about Thomas:
 - [Meet the MI Supreme Court candidates: Kimberly Ann Thomas](#) (*Michigan NPR*, 10/8/24)
 - [Anti-abortion, anti-LGBTQ lawmakers and groups back Andrew Fink for Michigan Supreme Court](#) (*The ‘Gander*, 10/11/24)
 - [Reproductive rights groups line up to elect Kimberly Ann Thomas to Michigan Supreme Court](#) (*The ‘Gander*, 8/16/24)

Michigan - State Legislature

We expect some of the most narrow margins to come from EMILYs List incumbent protects, in a chamber where we must protect every seat in order to hold our majority. EMILYs List was

heavily invested in protecting the democratic trifecta and sent over \$300k to the House caucus and candidates.

Mai Xiong (MI-HD13)

- State Rep. Mai Xiong was elected to serve House District 13 in a special election this April, making history as the first Hmong American elected to the Michigan state Legislature. Xiong served on the Macomb County Board of Commissioners, where she helped small businesses access public resources, fought for public transportation, and ensured services for seniors and veterans were fully funded. In the state House, she introduced bipartisan legislation to improve health care, provide public school students free meals, and push large corporations to pay their fair share in property taxes.
- State Rep. Xiong is running for reelection against Ronald Singer, again. This seat is critical to protect the Democratic state House Majority and Michiganders' reproductive rights.

Kelly Breen (MI-HD21)

- State Rep. Kelly Breen has been representing her district since 2020. After joining her neighbors to fight back against an irresponsible development project, Breen first ran for office and was elected to the Novi City Council in 2017. Since becoming a state Representative, Breen has stood up for public schools and teachers, fought for affordable childcare, and advocated for survivors of sexual abuse.
- State Rep. Breen is running against Republican challenger Thomas Konesky, who attended Trump rallies this year.

Jaime Churches (MI-HD27)

- State Rep. Jaime Churches grew up in Downriver and with her career as an educator at Michigan public elementary schools for decades, she knew she could do more for the families in Michigan. Churches ran and won her race for state Representative in 2022 by 660 votes. She focuses on supporting public schools, securing funding for key infrastructure projects, reinstating workers' rights, and expanding the working families tax credit. She is a champion for reproductive freedom who helped repeal Michigan's 1931 abortion ban.
- State Rep. Churches is running against Rylee Linting, a representative for an alt-conservative organization and is endorsed by anti-abortion groups and 2020 election deniers.

Janise O'Neil Robinson (MI-HD28)

- Janise O'Neil Robinson grew up in Taylor, MI and now lives in Brownstown. As a special education teacher and consultant in Taylor public schools, she has worked hard to improve the education system for almost 30 years by fighting for services to support teachers, students, and families. As such, education improvement will be a top priority for her if elected, as well as defending reproductive rights, funding local infrastructure, and supporting workers' rights.

- O’Neil Robinson is challenging state Rep. Jamie Thompson, a 2020 election denier who was elected to the seat in 2022. The seat is seen as highly flippable.

Reggie Miller (MI-HD31)

- State Rep. Regina “Reggie” Miller has years of public service experience, from serving as the vice chair of the Public Safety Committee, the executive director of the National Strawberry Festival, and the vice president of the Belleville Downtown Development Authority. Before running, she served the Van Buren Township as a trustee. She was first elected to the Michigan state House in 2022 and has helped repeal the unfair retirement tax, repealed the 1931 abortion ban, increased the Earned Income Tax Credit, and introduced legislation to ban toxic waste dumping in Southeast Michigan.
- State Rep. Miller is running against challenger Dale Biniiecki in a rematch from 2022. Miller beat Biniiecki by less than 2,000 votes in 2022.

Jennifer Conlin (MI-HD48)

- State Rep. Jennifer Conlin is a lifelong resident of Washtenaw County and has a decades-long career as a journalist. From securing key funding for projects in her district, to her record as a champion for reproductive rights, Conlin has tirelessly fought for Michigan’s families, veterans, and environment while in office. She is the chair of the Military, Veterans and Homeland Security Committee, and is a member of the committees on Education, Health Policy, and Transportation.
- State Rep. Conlin is running against Republican challenger Brian Ignatowski.

Shadia Martini (MI-HD54)

- Shadia Martini owns a real estate brokerage, a construction company, and a medical spa, all operating in southeast Michigan. After the start of the war in Syria in 2011, Martini, who immigrated to the U.S. to escape a dictatorship, became a human rights activist and a volunteer aiding Syrian refugees fleeing persecution. She was a leader in the drive to pass national legislation for accountability against human rights abuses in Syria in 2019. Martini became the first Syrian American woman to win a party’s nomination to the Michigan Legislature.
- Martini is challenging the Republican incumbent state Rep. Donni Steele. Rep. Steele beat Martini for the seat in 2022 by just over 1,000 votes.

Sharon MacDonell (MI-HD56)

- State Rep. Sharon MacDonell is currently serving her first term in Michigan’s state House. She entered electoral politics after the repeal of *Roe v. Wade*, when she knew that she had to stand up for reproductive rights. While serving in the state House, MacDonell has focused on protecting her community from sexual abusers and harassers, championing gun safety legislation, and investing in infrastructure. Before running for office, MacDonnell united her community around saving Troy’s public library, used her blog to call out public officials’ bad behavior, and formed Troy Indivisible.
- State Rep. MacDonell is running against Republican challenger Dave Kniffen.

Aisha Farooqi (MI-HD57)

- Aisha Farooqi has long been a public servant and active member of her community, building bridges between Muslim and Jewish communities, and serving on the Sterling Heights Zoning Board of Appeals. After law school, Farooqi worked in both public and private practice, representing lower-income clients as a legal aid attorney and offering pro bono services at her own law firm. Currently, she is an assistant prosecuting attorney in Wayne County, where she has focused on cases involving troubled youth. If elected, Farooqi will be the first woman of color in this House seat, and she will focus on advancing economic prosperity, protecting workers' rights, and keeping residents safe and secure.
- Farooqi is challenging incumbent Republican state Rep. Thomas Kuhn. Kuhn voted against the Reproductive Health Act, among other reproductive health care bills. Farooqi lost to Kuhn in 2022 by under 2,000 votes.

Denise Mentzer (MI-HD61)

- State Rep. Denise Mentzer grew up in Clinton Township and graduated from Baker College while working full-time. In 2022, Mentzer was elected to represent her community in the Michigan state House, where she has fought for affordable health care and reproductive rights, improving public schools, repealing the pension tax, and holding monopoly utility companies accountable. Before that, she was elected to the Mount Clemens City Commission, where she served for nearly ten years.
- State Rep. Mentzer is running against Republican challenger Robert Wojtowicz, who has been endorsed by anti-abortion groups.

Michelle Levine-Woodman (MI-HD62)

- Michelle Levine-Woodman is a middle school choir teacher in Chippewa Valley who decided to run for state House seeing the challenges faced by her neighbors and community. Her mother, a teacher and president of her union, taught her about the importance of education and leadership. If elected, she will fight for stronger, more equitable public schools, protect the environment, bring back manufacturing jobs, and reduce taxes for middle-class families. Additionally, as a union member and activist, she will fight against right-to-work initiatives and bolster workers' rights at the state House.
- Levine-Woodman is challenging incumbent Republican state Rep. Alicia St. Germaine.

Angela Witwer (MI-HD76)

- State Rep. Angela Witwer is a small business owner, an elected school member, a grandmother, and a daughter of Michigan farmers. After serving on her town's school board, she was first elected to represent the 76th District in 2018. Since then, Witwer became the first chair of the Appropriations Committee coming from Eaton County and has secured funding for water resources, firefighters, police, schools, and senior centers. She wrote and passed the repeal on the pension tax to secure financial protection for seniors, and focuses on health care and quality public education in particular.
- State Rep. Witwer is being challenged by local pastor and business owner Andy Shaver, who is endorsed by anti-LGBTQ+ organizations.

Carol Glanville (MI-HD84)

- State Rep. Carol Glanville won the special election for the 84th House District, then the 74th, in the spring of 2022, when she flipped an over 30-year Republican-held seat. She was a classroom teacher, an administrator, an education consultant, and a local elected official for several community boards. While serving in the state House, State Rep. Glanville fought to lower the cost of childcare, protected workers' rights, preserved waterways from pollution, and advocated for safe reproductive health care for women. She will continue her tireless fight for her community and its working families if elected in November.
- State Rep. Glanville faces Republican challenger John Wetzel.

Abby Klomparens (MI-HD86)

- Abby Klomparens was born and raised in Holland, MI and attended the town's public schools. Klomparens served in a number of community roles, from the Macatawa Transportation Authority Board, to the Holland Human Relations Commission. She worked on U.S. Senator Gary Peters' campaign and in the state House as a legislative aide, where she fell in love with constituent services. If elected, Klomparens will focus on building economic prosperity, protecting the Great Lakes, and investing in the education system at all levels.
- Klomparens is challenging state Rep. Nancy DeBoer, former mayor of Holland.

Betsy Coffia (MI-HD103)

- State Rep. Betsy Coffia has spent nearly her entire life in northern Michigan. She made history in 2018 as the first Democratic woman in over three decades to be elected to the Grand Traverse County Commission, and was reelected in 2020. Coffia also became the first Democrat to ever represent Grand Traverse County in the state House in 2022. While in the state House, Coffia has had multiple bills signed into law, including a ban on child marriage and expanded state funding for tribal domestic and sexual violence shelters and programs. She is a champion of science and public health and a tireless advocate for working families.
- State Rep. Coffia is facing Republican challenger Lisa Trombley, a retired government contractor who has received support from an anti-abortion group looking to reinstate Michigan's 1931 abortion ban.

Jenn Hill (MI-HD109)

- State Rep. Jenn Hill is an infrastructure advocate and nonprofit leader. For over two decades, Hill has led the nonprofit sector nationally for environmental, public health, arts, and youth mentorship programs. She currently brings the benefits of electric vehicles and green building to the Upper Peninsula. Hill was elected to the Marquette City Commission in 2018, then to the state House in 2022, where she has brought millions in investment to the Upper Peninsula, secured free breakfast and lunch for all students, put an end to right-to-work laws, and protected reproductive health care access.

- State Rep. Hill is running against Republican challenger Karl Bohnak, a former meteorologist for *WLUC-TV6* in Marquette.

Minnesota

Minnesota - Federal Races

Amy Klobuchar (MN-SEN)

- U.S. Sen. Amy Klobuchar was elected in 2006 and is the first woman elected to the U.S. Senate from Minnesota. Klobuchar got involved in politics when her daughter was in the NICU and became the leading advocate for one of the first laws in the country guaranteeing 48-hour hospital stays for new moms and their babies. Ranked as one of the most effective senators, Klobuchar has one of the best track records in Washington for passing bipartisan legislation. She worked tirelessly to ensure reproductive health care provisions in the Affordable Care Act, has long worked to strengthen the Children's Health Insurance Program, and delivers results on addressing climate change and protecting democracy.
- Sen. Klobuchar is running against Republican challenger Royce White, a former NBA player and anti-abortion extremist and has been endorsed by alt-right radicals and election deniers, from Kari Lake to Mike Lindell.
- More about Klobuchar:
 - [Minnesota Poll: Amy Klobuchar leads Royce White in 2024 U.S. Senate race](#) (*The Minnesota Star Tribune*, 9/23/24)
 - [Minnesota Poll: Klobuchar with comfortable lead in U.S. Senate race](#) (*MPR News*, 9/23/24)

Angie Craig (MN-02)

- U.S. Rep. Angie Craig has served in Congress since 2019, when she became the first openly LGBTQ+ member of Congress from Minnesota and the first openly lesbian mother and grandmother in Congress. Her fight for custody of her adopted son led to a landmark ruling for other LGBTQ+ couples to adopt. Craig fights for abortion access, expanding economic opportunity for Minnesotans, overseeing the implementation of the bipartisan infrastructure law, the CHIPS and Science Act, the Inflation Reduction Act, marriage equality and more.
- Rep. Craig faces Republican challenger Joe Teirab, a former assistant U.S. Attorney who is anti-abortion and has been endorsed by Trump.
- More about Craig:
 - [Economy, abortion on the minds on voters in Minnesota Second Congressional District](#) (*CBS News*, 10/22/24)

- [Four ways Rep. Angie Craig and Joe Teirab clash and one way they agree](#) (*The Minnesota Star Tribune*, 10/7/22)

Kelly Morrison (MN-03)

- State Sen. Dr. Kelly Morrison is an OB-GYN and sixth-generation Minnesotan. She first ran for the state House in 2018, and served two terms before being elected to the state Senate in 2022, flipping both seats from red to blue. As a member of the state legislature, Morrison was a tireless advocate for Minnesotans, passing more than 90 bills in just six years. Her work as an OB-GYN has given her firsthand knowledge of the importance of affordable and accessible reproductive health care, and her record shows that she is a proven champion of reproductive freedom, having co-founded the Reproductive Rights Caucus in the state legislature.
- State Sen. Morrison is running against Tad Jude, a former judge and Republican state legislator, for Rep. Dean Phillips' seat.
- More about Morrison:
 - [Abortion rights a race-defining issue in Minnesota's 3rd Congressional District](#) (*CBS News*, 9/5/24)
 - [There are no pro-abortion rights OB-GYNs in Congress. These candidates are hoping to change that.](#) (*NBC News*, 6/22/24)
 - [Democratic Ob/Gyn Running for Open House Seat in Minnesota](#) (*MedPage Today*, 10/14/22)

Minnesota - State Legislature

Ann Johnson Stewart (MN-SD45)

- Former state Sen. Ann Johnson Stewart is a lawmaker, civil engineer, small business owner, and professor at the University of Minnesota. Public service is core to who she is, especially to her tireless fight for Minnesotans' fundamental rights. Stewart co-founded the Reproductive Freedom Caucus in the Minnesota Senate and volunteers as a clinic escort. She has served on the Board of Pro-Choice Minnesota/then-NARAL.
- Stewart is running against Kathleen Fowke in the special election for former state Sen. Kelly Morrison's open seat. This is the only MN state Senate seat up for grabs in 2024 and will determine control of the chamber.

Lorrie Janatopoulos (MN-HD7B)

- Lorrie Janatopoulos is a champion of economic development, affordable housing, and civil rights. Previously she served as the planning director at the Arrowhead Economic Opportunity Agency and the director of CareerForce Centers & Programming at the Minnesota Department of Employment and Economic Development. Janatopoulos was also appointed by Governors Carlson, Dayton, and Walz to committees focused on age-friendly policies, women's economic security and protections for LGBTQ+

Minnesotans. If elected, Janatopoulos would be the first openly gay person elected to this seat.

- Janatopoulos is running against Republican Cal Warwas.

Kim Hicks (MN-HD25A)

- State Rep. Kim Hicks is a longtime disability rights advocate. Since 1999, she has had experience as a direct support worker, teacher, and in nonprofit and policy work. As a union member and breast cancer survivor, she is an advocate for quality and affordable health care. First elected in 2022, Hicks was the chief author of 57 bills last session that tackled issues from health care access to education and school lunches.
- State Rep. Hicks faces Republican Ken Navitsky, who favors restrictions on abortion.

Sarah Kruger (MN-HD26A)

- Sarah Kruger was born and raised in Winona and is the chief of staff for FairVote Minnesota, a non-profit that advocates for democratic reform. Previously, she helped implement the American Rescue Plan Act in rural counties across the Upper Midwest, and saw the impact of common-sense legislation for working families. She also worked as campaign manager for Jeff Ettinger's 2022 congressional race. If elected, Kruger will fight to improve Minnesota schools, make drinking water safer, housing more affordable, and strengthen the regional economy.
- Kruger will face Aaron Repinski, who has said he would support a near-total ban on abortion at "five or six weeks."

Kari Rehrauer (MN-HD35B)

- Kari Rehrauer is a teacher who was demoralized by the election of Donald Trump in 2016. She decided to take a leadership role to bring compassion back to politics, and ran for Coon Rapids City Council. Now a field staffer at Education Minnesota, a trade union for teachers, Rehrauer will bring her passion for education, public service, and problem-solving abilities to the Minnesota state House.
- Rehrauer is running against Republican Steve Pape, who has a concerning anti-abortion record.

Janelle Calhoun (MN-HD36A)

- Janelle Calhoun was born and raised in Roseville. Throughout her career from training flight attendants, to working for a company specializing in mental health drugs, to teaching financial literacy, to directing a foundation raising awareness for a friend's rare cancer, Calhoun has dedicated her life to service. She is an environmentalist who supports clean energy initiatives and deeply enjoys the outdoors. She is a fervent supporter of reproductive and LGBTQ+ rights, and will fight for equality and justice in the state House.
- Calhoun is running against incumbent Republican Rep. Elliot Engen.

Brion Curran (MN-HD36B)

- State Rep. Brion Curran is a senior human resources generalist at a nonprofit serving people with developmental disabilities. She previously worked in public safety, volunteering as a police reserve officer before later serving as a police reserve sergeant and sheriff's deputy. After leaving their career due to PTSD, Curran continued to serve her community by advocating for a Human Rights Commission in Vadnais Heights. As an openly LGBTQ+ person and advocate for community safety, Curran is dedicated to centering human rights in the Minnesota Legislature.
- Curran was one of the first non-binary candidates elected to the Minnesota legislature and uses she/they pronouns.
- State Rep. Curran faces Republican Patty Bradway in the general election.

Laurie Wolfe (MN-HD37A)

- Laurie Wolfe was born and raised in Minnesota. During high school and college, she worked at the local chamber of commerce. She has taught psychology at Anoka Ramsey Community College since 2005, and has served as department chairperson and president of the local chapter of the Minnesota State College Faculty union.
- Wolfe is challenging incumbent state Rep. Kristin Robbins, who is the Assistant Minority Leader of the Minnesota House Republicans.

Kristin Bahner (MN-HD37B)

- State Rep. Kristin Bahner was first elected to the Minnesota House in 2018 after defeating a two-term Republican incumbent. She is a small business owner and IT consultant. Bahner served as chair of the Women's March Minnesota Legislative Committee from 2016 to 2018 and was a leading voice in organizing the march. In the legislature, Bahner has advocated for affordable health care and has been a champion for the Equal Rights Amendment.
- State Rep. Bahner faces Republican John Bristol in the general election.

Lucia Wroblewski (MN-HD41A)

- Lucia Wroblewski spent almost three decades serving St. Paul as a police officer. This service includes 23 years as a member of the St. Paul Police Honor Guard and as a Use of Force & Firearms Instructor and Field Training Officer. In 2014, she began serving Afton on the planning commission, and was elected to the Afton City Council in 2018 and again in 2020. The sense of duty that informed her career continues today, as Wroblewski seeks to protect Minnesota's environment and natural resources for generations to come in the state House.
- Wroblewski is running against Wayne Johnson, a Washington County Commissioner, for GOP Rep. Mark Wiens' open seat – which was won by only 128 votes in 2022.

Jen Fox (MN-HD41B)

- Jen Fox is a lifelong Hastings resident. She is a local business owner, who has also worked for the Minnesota state government as the director of consumer outreach and community relations for the Minnesota Department of Commerce. She served as a commissioner on the Hastings Economic Development and Redevelopment Authority,

where she was appointed treasurer. Then she decided to run for city council and she currently serves as the city's acting mayor. If elected to the state House, Fox will fight for infrastructure investment, protect natural resources and the environment, and defend reproductive health and safety.

- Fox is running against Republican Tom Dippel.

Tracey Breazeale (MN-HD45A)

- Tracey Breazeale was born and raised in Minnesota. Breazeale has had a decades-long career in client service and the financial sector. She left the industry to focus on raising her four kids. She is currently serving her second term on the Minnetonka Beach City Council, where she is also the liaison to the Parks Commission, Dock Committee, and Civic Committee. If elected, she will fight for stronger public schools and to lower everyday costs for Minnesotans, and defend their rights to reproductive freedom and environmental justice.
- Breazeale is challenging Republican state Rep. Andrew Myers, who was first elected in 2022.

Lucy Rehm (MN-HD48B)

- State Rep. Lucy Rehm is a fourth-generation Minnesotan and previous Chanhassen City Council member. Rehm has also served on the Chanhassen Environmental Commission and as a member of the Carver County Sheriff's Crucial Conversations team. Having lived in Chanhassen for over 25 years, Rehm is dedicated to preserving and improving the community's natural environment and small business economy.
- State Rep. Rehm is defending her seat against extremist Republican challenger Caleb Steffenhagen. Steffenhagen was previously involved with Dangerous Men United, a Minnesota-based men's group focused on living free of "lust" that has counseled members against the sexual sin of same-sex attraction.

Carlie Kotyza-Witthuhn (MN-HD49B)

- State Rep. Carlie Kotyza-Witthuhn was elected to the Minnesota House in 2018, where she currently serves as the vice chair of the House Commerce Committee and sits on the Children & Families Finance & Policy Committee, the Economic Development Committee, and the Human Services Finance Committee. She has a strong record of protecting abortion. As a working mother, she is dedicated to bringing fresh perspective to the legislature and highlighting the diversity of Eden Prairie.
- State Rep. Kotyza-Witthuhn faces challenger Wendi Russo. Russo supports "restoring funding to pro-life organizations."

Mary Frances Clardy (MN-HD53A)

- State Rep. Mary Frances Clardy is a longtime educator dedicated to providing students with a safe space to learn and grow. She serves on the Inver Grove Heights School Board. Clardy sought her teaching license after first enrolling her daughter in school and witnessing the shortcomings of the education system. She is running to address the

issues she hears about every day from students and parents and fight for access to quality public education for all students.

- State Rep. Clardy faces Republican challenger Nathan Herschbach.

Jess Hanson (MN-HD55A)

- State Rep. Jess Hanson was elected to the Minnesota House in 2020. A single mom to two children and the first person in her family to graduate from college, she is actively working to finish her graduate degree while in office. She currently serves on the Human Services Policy, Higher Education Finance & Policy, Economic Development, and Children & Families & Finance & Policy committees. State Rep. Hanson is running again to continue her work to expand economic opportunities and education for Minnesotans.
- State Rep. Hanson faces Republican challenger Gabriela Kroetch, an anti-abortion extremist.

Kaela Berg (MN-HD55B)

- State Rep. Kaela Berg was elected to the state House in 2020. She has been a union flight attendant for 19 years, a labor activist, a nonprofit director, and an independent consultant. Berg is running again because she is committed to creating an economy that works for working families. Her platform includes expanding access to affordable health care, funding public schools, codifying the right to abortion, and addressing climate change while growing the clean energy job sector.
- State Rep. Berg faces Republican challenger Van Holston in the general election.

Kristi Pursell (MN-HD58A)

- State Rep. Kristi Pursell has allocated millions of dollars to protect and improve the environment, natural resources, and local farmers during her first term in the state legislature. She also advocated for a people-centered health care system, allocated additional funding for housing infrastructure in greater Minnesota, and supported school districts as they implemented the READ Act legislation passed in 2023. She was previously the executive director of Clean River Partners and a grassroots leader with the Land Stewardship Project, ISIAH MN, and TakeAction MN.
- State Rep. Pursell faces extremist Republican challenger Rita Hillman Olson, who supports banning abortion without exceptions.

Missouri

Missouri - Governor

Crystal Quade (MO-GOV)

- Missouri House Minority Leader Crystal Quade was the first in her family to graduate high school and worked her way through Missouri State University, where she graduated with a degree in social work. In 2016, Quade was elected to represent Missouri's 132nd

State House District, where she stood up to corporate interests, prevented China and Russia from buying up local farmland, and fought for the restoration of reproductive freedom. She was elected minority leader in 2018, where she led the Democratic Caucus' strong opposition to right-wing extremism in Jefferson City. If elected, Minority Leader Quade would be the first woman governor of Missouri, and would fight hard to restore reproductive rights. A reproductive rights amendment on the ballot is likely to boost turnout.

- Minority Leader Quade is running against Republican Lt. Gov. Mike Kehoe, an anti-abortion extremist who celebrated the overturning of *Roe v. Wade* and supports the state's extreme abortion ban that has no exceptions for rape or incest.
- More about Quade:
 - [Crystal Quade campaigns on change at the top of the state](#) (KOMU Channel 8, 10/12/24)
 - [Why Crystal Quade believes Missouri is ready again for a Democratic governor](#) (St. Louis Public Radio, 6/17/24)

Montana

Montana - U.S. House

Monica Tranel (MT-01)

- Monica Tranel was born and raised in eastern Montana where she grew up on a ranch with nine brothers and sisters and won a world championship gold medal for the U.S. Women's Rowing Team. She worked her way through college and law school, and has spent her career as an attorney representing Montana's small business owners and ranchers. Tranel will work to build an economy that leaves no one behind. She will help build an environmentally sustainable future while bringing jobs to Montana, and will continue her lifelong tradition of winning the upset victory.
- Tranel is running in a rematch against Republican Rep. Ryan Zinke, an extremist who was forced to resign from the Trump administration in disgrace, facing at least 15 investigations into his travel and potential conflicts of interest. Zinke is anti-choice and has supported the most restrictive abortion bans. He narrowly beat Tranel in 2022.
- More about Tranel:
 - [Cook Political Report shifts western Congressional district race as Tranel announces fundraising](#) (Daily Montanan, 10/7/24)
 - ["This isn't partisan:" Monica Tranel touts herself as candidate to tackle housing affordability](#) (Bozeman Daily Chronicle, 10/18/24)

New Mexico

New Mexico - State Legislature

Cindy Nava (NM-SD09)

- Cindy Nava is a proud immigrant and a committed, lifelong public servant. She was the executive director of Transform Education New Mexico, where she spearheaded education reform that reflects and incorporates the cultural heritage of New Mexico's communities. Nava became the first in her family to graduate college and the first former DACA recipient in the country to be appointed by the White House, where she served as senior policy advisor at the U.S. Department of Housing and Urban Development. If elected, Nava will be one of the first former DACA recipients to win a seat in the New Mexico state Senate and the first Latina to represent New Mexico's 9th Senate District.
- Nava is running against anti-choice Republican Audrey Trujillo.

Heather Berghmans (NM-SD15)

- State Sen. Heather Berghmans was born and raised in Albuquerque, and has deep roots and a strong commitment to serving New Mexico. Six years later, state Sen. Berghmans was the finance director for the New Mexico House Democratic Campaign Committee, helping elect Democratic state House legislators. She played an instrumental role in the passage of critical bills regarding abortion access, gun violence prevention, affordable health care, and working families' rights while working for Democratic members of the New Mexico state House.
- State Sen. Berghmans is running against Republican Craig Degenhardt.

Cynthia Borrego (NM-HD17)

- State Rep. Cynthia Borrego worked for the City of Albuquerque as a city planner for over 28 years, and managed the Metropolitan Redevelopment Agency. She was the vice-chair of the Mid Region Council of Governments Transportation Board in 2021, and served on several other boards. She was elected to the Albuquerque City Council and served as its vice president in 2019, then chaired its Land Use and Zoning Committee. She is also the owner of two small businesses. In the state House, her priorities include a balanced budget, expanding mental health programs, improving infrastructure and transportation, and increasing government transparency.
- State Rep. Borrego is running against Republican challenger Joshua Neal.

Pamelya Herndon (NM-HD28)

- State Rep. Pamelya Herndon is currently the CEO of a nonprofit that provides affordable legal representation to low-income New Mexicans. In 2012, the Southwest Women's Law Center hired her to be their executive director, and from there she founded the KWH Law Center for Social Justice and Change. She and her husband raised their three children in Albuquerque. She was appointed to the New Mexico House in 2021 for the seat held by U.S. Rep Melanie Stansbury. Her top priorities include economic progress

and prosperity, gun violence prevention, progress on missing and murdered Indigenous women, and improvement to public education.

- State Rep. Herndon is running against Republican Marcie May.

Joy Garratt (NM-HD29)

- State Rep. Joy Garratt is the granddaughter of homesteaders from Union County, and is passionate about protecting the cultures and traditions of New Mexico. She brought this passion to her 28-year-long career as a teacher and mentor in New Mexico's schools, from pre-K to university. She has served in the state House since her election in 2018. State Rep. Garratt serves on the House Education Committee as its vice-chair, and is a member of the Appropriations and Finance Committees. Her top priorities include education access, public safety and criminal justice, and economic development through workforce training.
- State Rep. Garratt is running against Republican challenger Gregory Cunningham.

Vicky Estrada-Bustillo (NM-HD31)

- Vicky Estrada-Bustillo has called the Northeast Heights of Albuquerque home for decades; it is where she raised her family and the neighborhoods she serves. Estrada-Bustillo worked for the U.S. Forest Service and before she retired from civil service, she was District Ranger for the Cibola National Forest. She is also a small business owner, and the chair of the Fuerzas Unidas Caucus of the Democratic Party of New Mexico. If elected, she would be the first woman and the first woman of color to hold this seat.
- Estrada-Bustillo is running against Republican Nicole Chavez. Chavez ran and lost last cycle to now Rep. Pamela Herndon.

Tara Jaramillo (NM-HD38)

- State Rep. Tara Jaramillo is a speech language pathologist who co-founded Positive Outcomes, Inc. after recognizing the gap of services for families like hers who have children with disabilities. Based in Socorro, Positive Outcomes provides home health care, early intervention, DD Waiver, and school-based and outpatient services throughout central New Mexico to thousands of children and families. She currently serves as the chair of the New Mexico Next Generation Council.
- State Rep. Jaramillo will be defending her seat against Republican challenger and failed gubernatorial candidate Rebecca Dow who claims she will “fight for the Constitutional right to life and pull back on the reins on the radical abortion agenda that is hurting families in New Mexico.”

Gabby Begay (NM-HD39)

- Gabby Begay was born and raised in Silver City and Arenas Valley and comes from a family of service. Following in her parents' footsteps, Begay is a first-grade teacher at Jose Barrios Elementary School today and she serves as the president of the Cobre Consolidated Board of Education. Begay is also the current commissioner of the Commission of the Status of Women and a member of the National Educational Association-New Mexico. She was recognized as the 2024 NM Teach Plus Fellow of the Year.

- Begay is running to unseat incumbent Republican Luis Terrazas who voted “No” on a bill that would provide protections for reproductive health providers.

Kathleen Holmes Cates (NM-HD44)

- State Rep. Kathleen Holmes Cates is a small-business owner, an executive for nonprofit corporations, a civic leader, and a parent. Throughout her career, she has worked as the CEO of two non-profits and volunteered as a member of the New Mexico Developmental Disabilities Council. Since her election in 2022, state Rep. Cates has served as a member on both the Agriculture and Water Resources Committee and the Health and Human Services Committee.
- State Rep. Cates is defending her seat against Republican challenger Ali Ennenga.

Charlotte Little (NM-HD68)

- State Rep. Charlotte Little currently represents House District 68. A small business owner for 17 years, state Rep. Little has served as a formal Tribal administrator and administrative officer for the U.S. Department of Health and Human services, as well as vice-chair of New Mexico Voices for Children, president of Emerge New Mexico, and chair of the San Felipe Pueblo Health Board.
- State Rep. Little will defend her seat against Republican challenger Nathan Brooks. Brooks was convicted of domestic violence and resisting arrest in 2005 and 2007, respectively.

Nevada

Nevada - Federal Races

Jacky Rosen (NV-SEN)

- Before running for office, U.S. Sen. Rosen served for three years as president of the largest Reform synagogue in Nevada. In 2016, she ran for Congress and won, flipping a highly competitive Republican-held district. In 2018, she ran for Senate and was the only Democratic challenger in the country to unseat a Republican incumbent that year, becoming the second woman senator in Nevada history. In Congress, Sen. Rosen helped introduce the Women’s Health Protection Act to protect access to reproductive health care and safeguard against dangerous abortion bans and restrictions, and she joined dozens of her Senate colleagues in introducing the Freedom to Travel for Health Care Act.
- Sen. Rosen is facing Sam Brown, who has a decade-long anti-abortion record including supporting efforts to overturn *Roe v. Wade*, championing the extreme Texas abortion ban, and making it clear he would only vote for anti-abortion U.S. Supreme Court Justices.
- More about Rosen:
 - [In Nevada, Democrats hedge their bets on Senate control](#) (NBC News, 10/11/24)

- [Sam Brown, Republican Candidate for Senate in Nevada, Struggles for Traction \(New York Times, 10/17/24\)](#)

Dina Titus (NV-01)

- Currently in her seventh term in the U.S. House of Representatives, Rep. Dina Titus is the dean of Nevada's congressional delegation. As a professor, Dr. Titus taught American and Nevada government classes from 1979 through 2011 at the University of Nevada, Las Vegas (UNLV) where she has professor emeritus status. Rep. Titus was elected to the Nevada state Senate in 1988, and served as the Democratic minority leader from 1993 to 2008. She was first elected to the U.S. House of Representatives in November 2008.
- Rep. Titus will once again face far-right Republican Mark Robertson, who supported the overturn of *Roe v. Wade*, and encouraged states to follow Texas' lead after passing a near-total abortion ban without exceptions.
- More about Titus:
 - [Dina Titus, Mark Robertson face off again in Nevada's 1st Congressional District \(The Nevada Independent, 10/11/24\)](#)

Susie Lee (NV-03)

- Rep. Susie Lee has dedicated her career to helping her fellow Nevadans lead safer and healthier lives. Since being elected to Congress in 2018, Rep. Lee has worked relentlessly to achieve real results for Nevada families. She is standing up for reproductive rights at a time when they are under assault, fighting back against abortion bans and supporting legislation to codify the right to choose that is now in jeopardy across the country. Lee has been leading the charge to defend access to IVF and has been outspoken about her personal experiences using IVF to have her children.
- Rep. Lee will face Republican Drew Johnson in November, a dangerous MAGA extremist and election denier. If elected, Johnson would be just another Trump puppet in the crusade to ban abortion.
- More about Lee:
 - [What you need to know about Nevada's most contested congressional race \(Las Vegas Review-Journal, 10/9/24\)](#)
 - [Rep. Susie Lee fights to protect reproductive freedom after three miscarriages and IVF \(The Nevadan News, 8/12/24\)](#)

Nevada - State Legislature

In 2019 with EMILYs List women at the helm, Nevada made history as the first majority-woman legislature in the country. This cycle, EMILYs List is working to defend that history as well as to secure a super-majority in the state Senate by flipping one seat. Securing a supermajority in the state Senate and protecting it in the state Assembly will allow Democrats to provide a check to Republican Gov. Lombardo.

Rochelle Nguyen (NV-SD03)

- Nevada state Sen. Rochelle Thuy Nguyen was appointed to serve the constituents of District 10 in 2023, following her successful terms as a Nevada state Assemblywoman. She is proud to be the first Democratic Asian American and Pacific Islander (AANHPI) to serve in the Nevada Legislature. She has taken the role of trailblazer seriously as a member of the first female majority legislature in the country as well as taking on establishing the first AANHPI caucus in the state of Nevada. State Sen. Nguyen serves on multiple committees in the legislature including Judiciary, Health and Human Services, and Finance Committees.
- State Sen. Nguyen will defend her seat against Brent Howard (R) and Keya Jones (Unaffiliated).

Jennifer Atlas (NV-SD05)

- Jennifer Atlas is a single mom, a fighter for our schools, and a reproductive health care champion. Atlas's candidacy promises not only to bring a fresh perspective to the state Senate but also to champion the kind of policies that will foster a brighter future for all Nevadans.
- Atlas is seeking to unseat incumbent Republican Carrie Buck, a MAGA extremist who won by a mere 329 votes in 2020 and has proven to be an ineffective policymaker, having been unsuccessful in passing any legislation during her tenure.

Nicole Cannizzaro (NV-SD06)

- State Sen. Nicole Cannizzaro has served the residents of Senate District 6 since being elected in 2016. During her time in the Legislature, she has been a passionate advocate for the state's most vulnerable communities, sponsoring legislation to protect senior citizens from elder abuse, crack down on domestic violence offenders, and eliminate barriers for disabled veterans to obtain medical treatment. When it comes to protecting reproductive health care, nobody will fight harder to protect these private medical decisions than state Sen. Cannizzaro. In 2019, she became the first woman elected to the position of Majority Leader of the State Senate in Nevada's history.
- In November, state Sen. Cannizzaro will defend her seat against Republican Jill Douglass and Independent Brad Barnhill. Douglass is a member of the American Christian Caucus, an anti-abortion extremist group.

Dallas Harris (NV-SD11)

- Serving since 2019, state Sen. Dallas has worked with Democrats and Republicans to secure an almost \$4 billion increase in public school funding, including a 20% pay raise for Clark County teachers this past year. State Sen. Dallas has also taken on Big Pharma to lower prescription drug prices, fought corporate landlords to bring down the cost of housing, and protected reproductive health care for all Nevadans.
- State Sen. Harris will defend her seat against Republican Lori Rogich.

Angie Taylor (NV-SD15)

- Assemblymember Angie Taylor was first elected to represent District 27 in the Nevada Assembly in 2022, making her the first Black woman to represent a Northern Nevada

district in the Assembly. During her time in the Assembly, she has served as a vice chair to the Education committee and as a member for the Government Affairs and Health and Human Services Committees. Now, Assemblymember Taylor is running for the state senate and, if elected, would make history as the first Black woman to hold the seat.

- State Asm. Taylor will face an anti-abortion Republican Michael Ginsburg in the general election.

Daniele Monroe-Moreno (NV-AD01)

- Assemblymember Daniele Monroe-Moreno made history in 2016 when she became the first Black woman to hold a leadership position within the Nevada state Assembly. She serves as the current chair of the Nevada Black Legislative Caucus, chair of the Committee on Growth & Infrastructure, vice chair of the Assembly Ways & Means Committee, and a member of the Legislative Operations & Elections Committee. Monroe-Moreno's leadership within the Nevada Legislature earned her the 2020 African American Trailblazer Community Activism Politics Award, Emerge America's 2017 Ambition to Action Award, and in 2018 Monroe-Moreno received national recognition as a New Deal Leader member. Today, she proudly serves as the Assistant Majority Leader.
- Assemblymember Monroe-Moreno will be facing Republican Garland Brinkley, who has refused to disclose his stance on abortion rights.

Brittney Miller (NV-AD05)

- Assemblymember Brittney Miller is an educator. Prior to being elected to the Nevada Legislature in 2016, she spent years developing and managing programs in education, workforce development, and prisoner reentry.
- Assemblymember Miller will be facing a rematch against both Libertarian Ronal Morgan and Republican Kelly Quinn, an anti-choice candidate who is seeking to criminalize reproductive health care.

Elaine Marzola (NV-AD21)

- Assemblymember Elaine Marzola has been in office since 2020. She is running for reelection to ensure that children have the best education possible. First elected in 2020, Assemblymember Marzola is honored to be part of the only female majority legislature in our nation's history. During her time in office, she has been a dedicated public servant, sponsoring legislation to increase health care access, providing paid leave for workers, and getting teachers much-needed pay raises.
- Asm. Marzola is running against Republican April Ardnt in the general election.

Selena La Rue Hatch (NV-AD25)

- Assemblymember Selena La Rue Hatch is a teacher, parent, and public education advocate. Assemblymember La Rue Hatch was first elected as the Assemblymember for District 25 in 2022. As an Assemblymember and classroom teacher, she has always been a fierce advocate for her community and fights every day to ensure that her constituents are heard in the halls of power.

- Assemblymember La Rue Hatch will be facing Republican Diana Sande in the general election. Sande has made it clear she will be voting against abortion protections in Nevada.

Heather Goulding (NV-AD27)

- Heather Goulding has been dedicated to community service in Northern Nevada for over 20 years. She has worked to provide funding for breast cancer services to uninsured women in our community and was a driving force behind establishing a high school dropout recovery program run by the Nevada National Guard. In recognition of her leadership in passing Senate Bill 295 (2019), which established the Battle Born Youth Challenge Academy, she was awarded the Nevada State Commendation Medal and was named a finalist for the *Reno Gazette Journal's* Citizen of the Year award.
- Goulding will face pro-Trump Republican Carmen Ortiz in the general election.

Shea Backus (NV-AD37)

- Assemblymember Shea Backus is a lawyer who provides pro bono legal representation to abused and neglected children. She is passionate about advocating for issues such as adequate education for children, economic growth, clean energy, and affordable health care. Assemblymember Backus took this experience to Carson City in 2019 and 2023 and is proud of the bills that she sponsored and supported. She also chaired the Assembly Committee on Revenue, vice-chaired the Ways & Means Committee, and chaired the Subcommittee on K-12/NSHE/CIP.
- Assemblymember Backus will face Republican David Brog in the general election.

Sandra Jauregui (NV-AD41)

- Assemblymember Sandra Jauregui has been in office since 2016. During her time in office she has sponsored legislation that provides access to menstrual products in some public schools and that increases funding for creation of new buildings for different school facilities. During the 2023-2024 legislative session, she served as vice chair for the Commerce and Labor Committee, and sat on the Ways and Means Committee.
- Assemblymember Jauregui will face Republican Rafael Arroyo-Montalvo in the general election.

Oregon

Oregon - Federal Races

Maxine Dexter (OR-03)

- Maxine Dexter is a physician at Kaiser Permanente and lives in Portland, Oregon with her husband and two children. In 2020, Dexter was appointed and later elected to House District 33 in the Oregon House of Representatives. In the Oregon state Legislature, she supported a bill to protect doctors and medical professionals from prosecution for

providing abortions or gender-affirming care, including prohibiting the Oregon courts from working with other jurisdictions to impede individuals from receiving or providing abortion care.

- Dexter is facing Republican candidate Joanna Harbour in the election. Harbour has anti-choice rhetoric on her campaign website.
- More about Dexter:
 - [As heir apparent in Oregon's 3rd Congressional District, Maxine Dexter has more on her mind than campaigning](#) (*Oregon Public Broadcasting*, 10/15/24)
 - [Dr Maxine Dexter: Physician Voices are Crucial to Public Health](#) (*AJMC*, 10/14/24)

Val Hoyle (OR-04)

- Rep. Val Hoyle is an experienced leader and dedicated public servant who serves in Congress to continue fighting for Oregon women and families. She has represented the residents of West Eugene and Junction City in the Oregon legislature, where was elected to the position of majority leader. In 2018, she was elected statewide to serve as Oregon's labor commissioner. Rep. Hoyle has an outstanding record of fighting to expand opportunity for all Oregonians and successfully advocating for policies that help families and communities thrive.
- Rep. Hoyle is defending her seat against Republican Monique DeSpain, who is lying to voters about her previous celebrations of anti-abortion victories, such as the fall of *Roe v Wade*, as well as her statements about being proud to be a "reinforcement" to support MAGA House Republicans and their anti-abortion agenda.
- More about Hoyle:
 - [Democratic incumbent Val Hoyle and Republican challenger Monique DeSpain on why they want to represent Oregon's 4th Congressional District](#) (*Oregon Public Broadcasting*, 10/14/24)
 - [Candidates on the issues: Southwest Oregon's Congressional race](#) (*The Register-Guard*, 10/14/24)

Janelle Bynum (OR-05)

- State Rep. Janelle Bynum is currently serving her fourth term representing Oregon's state House District 39 where she has been instrumental in passing legislation that invests in mental health care, expands youth voter engagement, and supports women of color in the workplace. State Rep. Bynum also serves as a senior member of the House Judiciary Committee and a chairwoman of the House Committee on Economic Development and Small Business, where she sponsored a new law to bring semiconductor manufacturers to the state.
- Oregon's 5th Congressional District is currently represented by Republican Rep. Lori Chavez-DeRemer, an extremist so out of touch with the vast majority of Oregonians that she supported a national abortion ban that would criminalize doctors and contained no exceptions for rape or incest.
- More about Bynum:

- [House Democratic leader Hakeem Jeffries rallies for Janelle Bynum in key Oregon race \(Oregon Capital Chronicle, 10/2/2024\)](#)
- [Oregon 5 Poll: Chavez-DeRemer in the Hot Seat \(Inside Elections, 9/4/24\)](#)

Andrea Salinas (OR-06)

- Rep. Andrea Salinas is a proven leader who has dedicated her career to advancing justice and opportunity. Rep. Salinas worked as a congressional staffer for over a decade and then became an advocate for unions, environmental groups, and reproductive rights. She has served as a state representative for three terms, taking on several leadership roles, including House majority whip and chair of the House Health Care Committee. In 2022, Rep. Salinas was elected to represent Oregon's newly created 6th Congressional District. Oregon is home to a growing Latino and predominantly Mexican American population, but the state had never before elected a Latina to Congress until Rep. Salinas made history as one of the first.
- Rep. Salinas will be once again defending her seat against extremist self-funder Mike Erickson, who wants to ban abortion without exceptions.
- More about Salinas:
 - [Andrea Salinas, candidate for Oregon's 6th Congressional District, on immigration, abortion, and bipartisanship \(Oregon Public Broadcasting, 10/14/24\)](#)

Ohio

Ohio - Federal Races

Emilia Sykes (OH-13)

- Rep. Emilia Sykes serves on the House Transportation and Infrastructure Committee and the Science, Space, and Technology Committee. She is a powerful advocate for expanding economic opportunity, fighting for affordable health care and education, and delivering for her community in Congress. In 2014, she was elected to the Ohio House of Representatives, making history as Ohio's first Black woman lawmaker under the age of 30. In 2019, she was elected minority leader. In 2020, EMILYs List awarded her the Gabrielle Giffords Rising Star Award, which celebrates extraordinary women serving in state or local office.
- Rep. Sykes is defending her seat against Republican challenger anti-choice extremist Kevin Coughlin, who co-sponsored and voted for legislation that opposed funding and health care coverage for abortions, voted to restrict access to medication abortion, and helped elect the author of Ohio's six-week abortion ban. He even bragged about his record having "either co-sponsored or voted for every allowable *Roe v. Wade* state restriction."
- More about Sykes:

- [U.S. Rep. Emilia Sykes shares vision for a 2nd term as election battle reaches final weeks](#) (*Akron Beacon Journal*, 10/17/24)
- [How Emilia Sykes went from Junior Olympian to running for reelection](#) (*Roll Call*, 8/1/24)
- [Opinion: In Ohio's divided 13th District, Emilia Sykes has better chance to bring unity](#) (*Akron Beacon Journal*, 10/10/24)

Pennsylvania

Pennsylvania - Federal Races

Ashley Ehasz (PA-01)

- Ashley Ehasz is a lifelong Pennsylvanian, U.S. Army combat veteran, and former Apache helicopter pilot who serves as a government and public service sector consultant to help our leaders better deliver results for the Keystone State. After graduating from the U.S. Military Academy at West Point, she went on to flight school and graduated in 2012 as the only woman in her Apache class. If elected, she would make history as the first woman in Congress to have graduated from West Point.
- Pennsylvania's 1st Congressional District is currently represented by anti-choice Republican Rep. Brian Fitzpatrick, an extremist who started voting for anti-choice legislation as soon as he got into office and tried to strip reproductive health care coverage from the Affordable Care Act.
- More about Ehasz:
 - [Is Republican Congressman Brian Fitzpatrick Scared to Debate His Democratic Opponent Ashley Ehasz?](#) (*Bucks County Beacon*, 10/9/24)
 - [DCCC names Ashley Ehasz 'top-tier candidate' in congressional race against Brian Fitzpatrick](#) (*PhillyBurbs*, 3/29/24)

Susan Wild (PA-07)

- Rep. Susan Wild is an experienced community advocate running for reelection who first made history in 2015, when the Allentown City Council unanimously confirmed her appointment to serve as city solicitor, making her the first woman to hold the position. Wild's 2018 election to Pennsylvania's 7th Congressional District made a newly-redistricted open seat blue and helped put an end to the days of Pennsylvania's all-men delegation. Wild has also served her community on the boards of her local food bank, regional theater, and Jewish federation.
- Wild is being challenged in the general election by Republican Ryan Mackenzie, a radical proponent who has sowed disinformation about immigration and received funding from House Speaker Mike Johnson and Pennsylvania Rep. Guy Reschenthaler, the co-sponsors of the so-called Life at Conception Act, a total national abortion ban.
- More about Wild:

- [Democracy on brink. Hakeem Jeffries warns at Lehigh Valley event with Susan Wild](#) (*The Morning Call*, 10/10/24)
- [Scoop: House Democrats try to amplify Republicans' IVF turmoil with new bill](#) (*Axios*, 9/17/24)

Janelle Stelson (PA-10)

- Janelle Stelson is an Emmy Award-winning broadcast journalist with a nearly 40-year track record of listening to Pennsylvanians and fighting to deliver them the truth. Prior to running for Congress, Stelson spent 26 years as an anchor of the highest-rated news show in the Harrisburg media market, which encompasses all of Pennsylvania's 10th Congressional District. Stelson is committed to making life better for Pennsylvanians — and all Americans — by fighting for affordable health care, good-paying jobs, reliable infrastructure, and the democracy that makes it all possible.
- Pennsylvania's 10th Congressional District is a competitive seat currently represented by Rep. Scott Perry, an anti-abortion election-denying conspiracy theorist who actively participated in efforts to overthrow the results of the 2020 election and has spent his time in office voting against reproductive freedom at every turn.
- More about Stelson:
 - [The candidate taking on an election denier – by focusing on other things.](#) (*The Washington Post*, 10/9/24)
 - [Democrats Poised to Beat Top Republican in Swing State. Poll Suggests](#) (*Newsweek*, 10/10/24).

Pennsylvania - General Assembly

Patty Kim (PA-SD15)

- State Rep. Patty Kim has served as the representative for Pennsylvania's 103rd House District since 2012 and is now running for the state Senate. Kim has a 100% pro-choice voting record, fighting against House and Senate bills that would restrict reproductive freedoms. She is also the chair of both the Aging & Older Adult Services Committee and Capitol Preservation Committee, and the first Asian American to serve as chair of any Pennsylvania state House committee.
- Kim is running against Republican Nick DiFrancesco in this open seat to replace retiring incumbent Republican John DiSanto. Earlier this year, state Republicans called for DiFrancesco to drop out of the primary as he began running for another office weeks into his term as Dauphin County Treasurer. This race is key in the fight for the three seats that Democrats need to regain the majority in the state Senate.

Nicole Ruscitto (PA-SD37)

- Nicole Ruscitto is a dedicated educator, coach, and mother with a 27-year career as a public school teacher. She later represented her community as a councilwoman, where

she worked on causes ranging from protecting public health to economic development. She describes herself as a staunch advocate for reproductive freedom and choice.

- Ruscitto is running against incumbent Republican state Sen. Devlin Robinson, who voted against protecting abortion access in Pennsylvania. This race is key in the fight for the three seats that Democrats need to regain the majority in the state Senate.

Mandy Steele (PA-HD33)

- Freshman state Rep. Mandy Steele is a pro-choice champion in the Pennsylvania state House and a member of the Agriculture and Rural Affairs Committee, Consumer Protection, Technology and Utilities Committee, Environmental Resources and Energy Committee, Game and Fisheries Committee, and Professional Licensure Committee. Over the course of her career in public service, Steele has led a successful movement to remove racial slurs in place names in her community, ran an operation to support West African girls in their education, and founded a nonprofit organization dedicated to green space and conservation.
- Steele is being challenged by Republican Gary Lotz. Pennsylvania's state House District 33 was blue for 30 years and was briefly red when represented by Steele's predecessor, making this race one of the most important incumbent protect races in Pennsylvania this cycle.

Hadley Haas (PA-HD44)

- Hadley Haas was inspired to a career in public service after the 2012 mass shooting at Sandy Hook Elementary School. After the shooting, Haas became the elections chair for Moms Demand Action Pittsburgh chapter and has been a vocal advocate for gun safety reform. Haas is also the mother of two hard of hearing children and a founder of the Friends Hard of Hearing Center at the Children's Hospital of Pittsburgh.
- Haas is running against three-term incumbent state Rep. Valerie Gaydos, an anti-choice extremist who has voted against protecting abortion rights for Pennsylvanians.

Sara Agerton (PA-HD88)

- With over 20 years of social work experience and four years on Mechanicsburg borough council, Sara Agerton is running for State House so that everyone in the 88th district can vote for a government that works for the people. Agerton is fighting to flip her state House seat blue and expand the chamber's Democratic majority.
- Agerton is challenging eight-term Republican incumbent state Rep. Sheryl Delozier, an anti-choice extremist who has voted against protecting abortion rights for Pennsylvanians.

Anna Thomas (PA-HD137)

- Born and raised in Bethlehem Township, Anna Thomas grew up in a family of immigrants from Malaysia and India. Thomas holds a Master of Public Administration from the University of Pennsylvania and has continued her work in public service by partnering with government and community groups focused on public safety, sustainability, and

climate change. If elected, Thomas would be the first Indian-American to represent this district.

- Thomas is challenging seven-term incumbent Republican state Rep. Joe Emrick in this hotly competitive rematch race; in 2022, Thomas lost to Emrick by just 703 votes. Emrick is stridently anti-choice and sponsored a bill that sought to prohibit marketplace health insurance plans from covering abortion.

Anna Payne (PA-HD142)

- Anna Payne has served on the Middletown Township Board of Supervisors since 2019. She is a member of the Pennsylvania Rare Disease Council and founder of the Bucks County Cystic Fibrosis Alliance, working to raise money and sharing her personal story to advocate for members of the cystic fibrosis and rare disease community.
- Payne is challenging incumbent Republican state Rep. Joe Hogan. Pennsylvania's state House District 142 is one of the state's most contested districts; in 2022, Hogan was elected by less than 100 votes.

Melissa Cerrato (PA-HD151)

- State Rep. Melissa Cerrato became involved in political service in 2018, when she began serving in the district office of Pennsylvania state Rep. Liz Hanbidge, helping to serve her community. In 2022, Cerrato ran for office for the first time and played a critical role in flipping the Pennsylvania state House blue for the first time in almost a decade.
- Cerrato is being challenged by Allen Anderson, an extremist Republican who pledged to vote against abortion rights and LGBTQ+ protections.

Elizabeth Moro (PA-HD160)

- Elizabeth Moro has lived in the Brandywine area of Pennsylvania for over 25 years. She is a real estate agent running a successful brokerage firm that has given her an ardent commitment to affordable housing and economic opportunity for Pennsylvania families. Moro ran for the U.S. House of Representatives in the 2017-2018 cycle before the district was eliminated in redistricting but has continued to seek every opportunity to serve Pennsylvanians. She and her husband are also small business owners, running a cafe and market that prioritizes supporting local farms and suppliers.
- Moro is challenging incumbent Republican state Rep. Craig Williams. Williams has a record of voting against abortion access and threatening democracy. Moro's reelection is a critical factor in keeping the Pennsylvania state House blue.

Tennessee

Tennessee - Federal Races

Gloria Johnson (TN-SEN)

- State Rep. Gloria Johnson was first elected to the Tennessee House in 2012, where she has fought to hold extreme politicians and special interests accountable, demanding justice for victims of school shootings. She became one of the “Tennessee Three”, a group of Democratic lawmakers who demanded their Republican colleagues be held accountable for their role in the perpetuation of gun violence. Johnson has fought for families across her district, and will fight for Tennesseans’ right to affordable health care and improved public schools.
- State Rep. Johnson is challenging U.S. Sen. Marsha Blackburn, an anti-abortion extremist and staunch opponent to common sense gun safety measures.
- More about Johnson:
 - [Voter's Guide: Senate candidate Gloria Johnson positions and priorities for 2024 \(NewsChannel5, 10/16/24\)](#)
 - [Gloria Johnson, ‘Tennessee Three’ Democrat, wins primary, will face Blackburn \(Politico, 8/1/24\)](#)

Texas

Texas - Federal Races

Michelle Vallejo (TX-15)

- Michelle Vallejo is a businesswoman, community leader, and the daughter of immigrants who instilled in her the values of community and entrepreneurship at a young age. After attending Columbia University to study political science and history, Vallejo returned to Alton, Texas to help her father run the flea market that has been in her family for almost 25 years. She is running again to fight for working class South Texans, and is looking to give her community a powerful new voice by addressing inequities in income, education, and health care. She will fight tirelessly for reproductive freedom and health care in Congress.
- Vallejo is running in a rematch against Republican extremist Congresswoman Monica De La Cruz, an extreme anti-abortion Republican who supports Texas’ extreme abortion ban. The district, once considered a safe Democratic seat, was gerrymandered by the Texas state legislature to favor Republicans, yet the race is still a toss-up.
- More about Vallejo:

- [South Texas congressional races remain the most competitive — but this time Democrats are playing offense](#) (*Texas Tribune*, 10/14/24)
- [LUPE Votes encouraged by new poll showing Vallejo closing in on De La Cruz](#) (*Rio Grande Guardian*, 10/4/24)

Julie Johnson (TX-32)

- State Rep. Julie Johnson is currently serving her third term in the Texas House of Representatives. When she was elected in 2018, Johnson made history as one of the first two openly gay elected officials in Dallas County. Her powerful voice and tireless work ethic helped her to defeat 76 out of 77 anti-LGBTQ+ bills that Republicans introduced to the Texas House in the last legislative session. In the state House, she has focused on consumer protection, health care, and fighting against the dangerous abortion bans that Texas Republicans have imposed throughout the state. If elected, she will be the first LGBTQ+ member of Congress from Texas, and from the entire American South.
- State Rep. Johnson is running for the seat that U.S. Senate candidate Rep. Colin Allred flipped for the Democrats in 2018. Her opponent, Republican Darrell Day, is endorsed by alt-right groups including Moms for Liberty.
- More about Johnson:
 - [Julie Johnson poised for victory in Texas primary, set to be first LGBTQ Congress member from the South](#) (*The Hill*, 3/6/24)

Texas - State Judiciary

Christine Weems (TX-Supreme Court Place 4)

- Judge Christine Weems is the sitting judge of the 281st Civil Judicial District Court of Harris County, Texas. She is a double board-certified trial attorney in both personal injury and civil trial law. After graduation, she became an adjunct professor at St. John's University School of Law, where she taught trial advocacy to the next generation of lawyers. The child of Vietnamese immigrants, Weems saw firsthand the power of the American dream, and fought throughout her career to defend it – from the Southern and Eastern Districts of Texas, to state courts in California, to the United States Supreme Court.
- Judge Weems is running against Justice John Devine, who was first elected in 2012. Devine's chronic absenteeism from high-profile court cases in favor of campaign stops and extreme anti-choice activism have been a center point of the campaign, during which he boasted that he has been arrested 37 times for protesting outside abortion clinics.

Texas - State Legislature

Mihaela Plesa (TX-HD70)

- State Rep. Michaela Plesa is a lifelong Texan and the daughter of Romanian immigrants who fled Soviet communism in pursuit of the American dream. She embarked on her political career as a legislative director and advocated for an expansion of the Texas Maternal Mortality and Morbidity Task Force and a property tax exemption for Gold Star families. Plesa answered the call of her neighbors in 2022 to run for State Representative, where she has authored 141 bills and co-authored 93 more, on a range of issues from environmental regulation to public education. Plesa is deeply passionate about protecting reproductive rights, improving public schools, and expanding health care access.
- State Rep. Plesa is running against Republican challenger Steven Kinard, who supports the extreme abortion restrictions in Texas.

Averie Bishop (TX-HD112)

- Averie Bishop is the daughter of a fifth-generation Texan father and a Filipino immigrant mother, both of whom instilled in their daughter the values of hard work and community. Bishop was the first in her family to graduate college, and she went on to earn her Juris Doctorate from Southern Methodist University Law. Bishop won the Miss Texas Pageant in 2022, as the first Asian contestant to win in the competition's history, which gave her the opportunity to travel around the state and reach students, teaching them to celebrate their differences and embrace diversity.
- Bishop is challenging incumbent, alt-right Republican state Rep. Angie Chen Button, who has held the seat since 2009. Button, who won her 2020 election by less than 300 votes, supported the state's strict abortion laws, which have no exceptions for rape or incest.

Kristian Carranza (TX-HD118)

- Kristian Carranza was born and raised in Texas, by a single mother who had to hustle to make ends meet. Carranza was raised with this same drive, and has been working since she was 16. During her senior year at Texas A&M University, Carranza moved back home to take care of her mother's health issues, as she did not have health insurance. She returned to school when her mom was back on her feet, and started as a community organizer working on campaigns across the country. She enrolled families in the Affordable Care Act, registered voters, and managed million-dollar budgets so that all Americans could have a say in their country's future and have access to the American dream. Carranza will stand up for public schools against vouchers, fight for health care accessibility, and tirelessly advocate for reproductive justice.
- Carranza is challenging incumbent state Rep. John Lujan, an extreme anti-choice Republican who told Texas Public Radio at a candidate forum that if he had a daughter who had been sexually assaulted, he would force her to have the child. Lujan narrowly won his seat in 2022, and Beto O'Rourke carried the district over Abbott. The district is considered a highly-competitive battleground.

Laurel Jordan Swift (TX-HD121)

- Laurel Jordan Swift is a native of San Antonio and a proven leader. Having raised a family in the district and spent time as a school board member, Swift is passionate about public education and expanding its funding. She is a powerful detractor of Gov. Greg Abbott's school voucher program. A former Republican voter who felt abandoned by the Texas Republican Party under its leadership, Swift will fight extremism in favor of common sense policy and compromise.
- Swift is running in a battleground seat against extremist Marc LaHood, who is heavily backed and endorsed by Gov. Abbott.

Virginia

Virginia - Federal Races

Missy Cotter Smasal (VA-02)

- Missy Cotter Smasal has served her country and her community, and is now running to represent her district in Congress. Cotter Smasal is a U.S. Navy veteran who served as a surface warfare officer and deployed aboard the U.S.S. Trenton during Operation Enduring Freedom. She is a small business owner and the executive director of a nonprofit organization that honors our nation's servicewomen. In Congress, Cotter Smasal will fight extremism and tirelessly protect reproductive rights. She will be a champion for America's veterans and their families, make our communities safer, and advocate for the revitalization of coastal Virginia's communities.
- Cotter Smasal is running in a toss-up race against Congresswoman Jen Kiggans, who accepted the endorsement of an anti-abortion group that seeks to end abortion with no exceptions.
- More about Cotter Smasal:
 - [Kiggans and Cotter Smasal clash in Virginia Beach congressional debate](#) (*The Washington Post*, 10/11/24)
 - [Kiggans and Smasal face off in highly competitive 2nd District](#) • *Virginia Mercury* (*Virginia Mercury*, 10/2/24)

Washington

Washington - Federal Races

Maria Cantwell (WA-SEN)

- U.S. Sen. Maria Cantwell is a proven leader running for reelection to continue serving the state of Washington. In 2000, Sens. Cantwell and Debbie Stabenow became the first women to defeat elected sitting U.S. Senators in a general election. Sen. Cantwell was

reelected in 2006, 2012, and again in 2018, and works tirelessly to create affordable opportunities for consumers, businesses and families, to make our nation more secure today, to foster innovation for tomorrow, and to stand with parents as they educate and care for their children.

- Sen. Cantwell will face Republican challenger and anti-choice extremist Raul Garcia in the general election.
- More about Cantwell:
 - [Maria Cantwell seeks fifth Senate term, facing GOP's Raul Garcia and 10 other primary foes](#) (*The Chronicle*, 6/23/24)
 - [Takeaways from the first debate in Washington's US Senate race](#) (*Everett Herald*, 10/9/24)

Marie Gluesenkamp Perez (WA-03)

- Rep. Marie Gluesenkamp Perez is a fifth-generation Washingtonian, small business owner, and pro-choice mother who represents Washington's 3rd Congressional District. Rep. Gluesenkamp Perez is committed to fighting for reproductive freedom amid national attacks on abortion access, and she has said she will stand up to any politician telling women what they can and cannot do with their bodies. Gluesenkamp Perez is fighting for every Washingtonian in Congress, and working to advance justice, equity, and opportunity for every American.
- Rep. Gluesenkamp Perez ran a strong grassroots campaign that beat the odds in an open seat in 2022, and now she is running for reelection in one of the most competitive Congressional districts in the country. Her opponent, Republican Joe Kent, is an anti-choice, election-denier who is endorsed by former President Trump and has close ties to alt-right conspiracy theorists.
- More about Gluesenkamp Perez:
 - [Washington has one of the year's most competitive House races](#) (*Axios Seattle*, 10/1/24)
 - [The Blue-Collar Democrat Who Wants to Fix the Party's Other Big Problem](#) (*New York Times*, 7/1/24)

Kim Schrier (WA-08)

- Rep. Kim Schrier is a pediatrician who serves in Congress to expand economic opportunity for Washington State working families. As a medical doctor with nearly two decades of experience practicing pediatrics in her community, Rep. Schrier brings vital leadership to Congress. She is a pro-choice champion who fiercely defends every woman's right to make her own health care decisions. She serves as the vice ranking member on the powerful Energy and Commerce Committee, which legislates on many issues including health care, climate change, energy policy, environmental protections, medical research, and telecommunications.
- Rep. Schrier flipped this seat blue for the first time in its history in 2018, and she successfully defended it in 2020 and again in 2022. She will face Republican challenger

Carmen Goers in the general election. Goers, a Trump-supporting MAGA Republican, has the support of far-right extremist conservatives who want to ban abortion nationwide.

- More about Schrier:
 - [Schrier, Goers to clash for 8th Congressional District seat \(Snoqualmie Valley Record, 8/15/24\)](#)
 - [Editorial: Schrier proves her skills at listening, legislating \(Herald Net, 10/17/24\)](#)

Emily Randall (WA-06)

- Emily Randall was born and raised in Port Orchard, Washington, where her parents and teachers instilled in her the value of education. In November 2018, she was elected to the Washington state Senate representing the 26th District becoming the first queer woman state senator in Washington. Randall has fought to protect abortion access and make Washington a haven for people seeking abortion care across the country, expanded postpartum Medicaid coverage, banned subminimum wage for folks with disabilities, and modernized apprenticeship programs. She quickly rose to leadership in the state Senate and now serves as the deputy majority leader. If elected, Randall would be the first ever openly LGBTQ+ Latina elected to Congress and the first openly LGBTQ+ person in the Washington delegation in Congress.
- Randall is facing anti-abortion extremist Drew MacEwen, who has repeatedly voted against abortion access protections in the Washington state Senate.
- More about Randall:
 - [The Seattle Times editorial board recommends: Emily Randall for the 6th Congressional District \(The Seattle Times, 10/8/24\)](#)
 - [Emily Randall poised to be first queer Latina in Congress after Washington primary win \(Advocate, 8/8/24\)](#)

Wisconsin

Wisconsin - Federal Races

Tammy Baldwin (WI-SEN)

- In the U.S. Senate, Sen. Tammy Baldwin fights for a strong economy and jobs, access to health care – including IVF and abortion care, holding the wealthy accountable, and ending the gender pay gap. Before being elected to the Senate, she served in the U.S. House of Representatives, the Wisconsin State Assembly, and on the Dane County Board of Supervisors. Baldwin made history as the first woman from Wisconsin elected to the House and the first openly gay person to be elected to Congress as a non-incumbent. In 2012, she ran for Senate and made history as the first openly gay person ever elected to the U.S. Senate and the first woman ever elected to represent Wisconsin in that chamber.

- Sen. Baldwin is facing Republican challenger Eric Hovde, an anti-abortion extremist in this top priority seat for GOP takeover.
- More about Baldwin:
 - [Wisconsin is becoming the tipping point for 2024. Here's why I'm feeling hopeful. \(MSNBC, 8/20/24\)](#)
 - [The 'secret sauce' Sen. Tammy Baldwin hopes will propel her back to Washington \(Wisconsin Public Radio, 10/9/24\)](#)

Rebecca Cooke (WI-03)

- Rebecca Cooke is a small business owner who grew up working on her family's Eau Claire dairy farm. She founded a nonprofit that supports and empowers female entrepreneurs by providing start-up capital and technical assistance in western Wisconsin. Gov. Evers appointed her to the Wisconsin Economic Development Corporation, making her the youngest appointee, and then she co-chaired the Entrepreneurship & Innovation committee. She's running to build a sustainable economy that benefits working families, strengthens our education system, and always protects our reproductive rights.
- Cooke is challenging incumbent Rep. Derrick Van Orden, an anti-abortion extremist, and Jan. 6 attendee with close ties to Trump and alt-right conspiracy theorists.
- More about Cooke:
 - [New Poll Puts Wisconsin GOP Congressman Van Orden Behind Waitress Challenger Rebecca Cooke \(HuffPost, 10/16/24\)](#)
 - [Rebecca Cooke wins Democratic primary to take on Derrick Van Orden in November \(Wisconsin Examiner, 8/13/24\)](#)

Kristin Lyerly (WI-08)

- Kristin Lyerly has dedicated her life to helping people as an OB-GYN. Lyerly regularly travels hundreds of miles to provide health care to rural and underrepresented communities. After *Roe v. Wade* was overturned and Wisconsin's 1849 abortion ban went into effect, Lyerly fought for abortion rights and was the named plaintiff in the case that brought abortion care back to Wisconsin. Lyerly is running because of the Dobbs Decision and because she believes every woman deserves an advocate. If she wins, she will be one of the only pro-choice OB-GYNs on Capitol Hill.
- Lyerly is running in a red-to-blue flip seat against Tony Wied, an anti-abortion, Trump-endorsed MAGA conservative.
- More about Lyerly:
 - [The OB-GYN Running on Abortion Rights in Conservative Wisconsin \(The New York Times, 10/11/24\)](#)
 - [There are no pro-abortion rights OB-GYNs in Congress. These candidates are hoping to change that. \(NBC News, 6/22/24\)](#)
 - [Democrat Kristin Lyerly hopes abortion rights message helps turn 8th Congressional District blue \(Wisconsin Public Radio, 8/5/24\)](#)

Wisconsin - State Legislature

With fair maps this cycle after Justice Janet Protesceiwicz's historic 2023 win, EMILYs List women across the state are in competitive races. EMILYs List invested heavily in WI this cycle, sending over \$250k to the state in 2023 and 2024. EMILYs List has been a strong believer in Minority Leader and 2024 Rising Star Nominee Greta Neubauer's plan to build a Democratic majority in the state Assembly by flipping 15 seats. In the state senate, we see a multi-cycle path to flipping the 6 seats needed for the majority.

Jodi Habush Sinykin (WI-SD08)

- After receiving her law degree from Harvard Law School in 1992, Jodi Habush Sinykin began her professional career by serving as a judicial clerk to a federal district court judge, followed by a decade of private practice. She has dedicated her career to championing Wisconsin's precious natural resources, spending the better part of the last two decades serving as a policy expert on freshwater stewardship and wildlife conservation. She also represented the Wisconsin Groundwater Advisory Committee and the Wisconsin Legislative Council's Special Committee on the Great Lakes Compact.
- Sinykin is challenging incumbent Republican Duey Stroebel. Stroebel co-authored legislation for a 14-week abortion ban.

Sarah Keyeski (WI-SD14)

- Sarah Keyeski is a newcomer to campaigning, which gives her a fresh perspective on policy and politics. She has a history in mental health work and a devoted sense of servant leadership throughout her life. As far-right lawmakers attempt to ban abortion and targeted contraception access, Keyeski wants to be a champion for women and protect the right to reproductive freedom, values shared by rural, and urban Wisconsinites.
- Keyeski is facing anti-choice incumbent Republican Joan Ballweg. Ballweg has "written an amendment for fetal personhood," which would give the same rights to a fertilized egg and fetus as every person.

Kristin Alfheim (WI-SD18)

- Kristin Alfheim is an insurance and financial services professional and an elected member of Appleton's Common Council, serving on both the Human Resources/IT Committee and the Community Economic Development Committee. Alfheim could become the first Democrat to flip the seat in almost 40 years and would be the first openly lesbian senator in this district.
- Alfheim faces Republican Anthony Phillips in the general election.

Alison Page (WI-AD30)

- Alison Page was born and raised in Western Wisconsin and spent her career in health care, first as a nurse and later rising to leadership as CEO of Western Wisconsin Health. Page is currently a member of the River Falls School District. She's made a career of

strengthening rural health care and bringing people together. Page is focused on the fight for freedom, including for reproductive freedom for women in the state.

- Page is challenging incumbent Republican Shannon Zimmerman, a sponsor of a 14-week abortion ban.

Karen DeSanto (WI-AD40)

- Karen DeSanto has worked on behalf of children and adults for the past 12 years as the CEO of Boys & Girls Clubs of West Central Wisconsin, growing the organization from 2 to 4 sites and creating and managing a budget of 2.1 million. Serving as the first female president of the State Alliance of Wisconsin Clubs, she helped to secure 26 million in state and federal support for kids and families during her term in 2020-2022.
- DeSanto is running against Jerry Helmer, a pro-Trump conservative.

Brienne Brown (WI-AD43)

- Brienne Brown has been elected three times to the Whitewater Common Council. She serves on the Equal Opportunities Commission and Board of Appeals, Forestry Commission, and Parks and Recreation Board. She worked to create a weekly farmers market in Whitewater, has served on the Library Board for a decade, reorganized the Whitewater Community Foundation, and wrote grant proposals for the Whitewater Grocery Cooperative.
- Brown is challenging incumbent Republican Scott Johnson, who voted to further ban abortion in the state.

Joan Fitzgerald (WI-AD46)

- Joan Fitzgerald is a proven leader with deep connections to her communities. A retired public school teacher who was elected twice to the Jefferson County Board, she also was a Member of the Fort Atkinson Athletic Booster Club, served on the Library Board as part of her service on the County Board, and is currently a supporter of the Moms Demand Action Whitewater Chapter.
- Fitzgerald is running against Republican opponent Jenifer Quimby.

Elizabeth Grabe (WI-AD51)

- Elizabeth Grabe is a realtor with a rigorous, scientific approach to policy-making, one also informed by her background as a competitive endurance athlete and managing her family farm. Education funding is Grabe's top issue, as she sees far-reaching consequences if the matter is not addressed in Madison. Grabe is a pro-choice champion, stating that the concept of freedom should also "mean freedom for women to make the decisions regarding being a mother."
- Grabe is challenging incumbent Todd Novak, an anti-choice Republican who has voted to ban abortion.

Lee Snodgrass (WI-AD52)

- State Rep. Lee Snodgrass was first elected to Wisconsin's 57th District in 2020. During her time in the legislature, she has worked to expand voting rights, support Wisconsin

forestry, reduce prescription drug costs, and improve infant maternal health outcomes. Previously, she was a marketing and communications professional, working for Fox River Paper Company and the Girl Scouts of the Northwestern Great Lakes.

- State Rep. Snodgrass will face Republican Chad Cooke.

Lori Palmeri (WI-AD54)

- State Rep. Lori Palmeri has served two terms as Common Council member and two terms as mayor of the City of Oshkosh. As a community leader, Palmeri has led a diversity, equity, and inclusion committee, worked to increase trust and transparency within city politics, and advocated for funding to support initiatives to support those experiencing mental health issues and people without homes.
- State Rep. Palmeri will be defending her seat against Republican challenger Tim Paterson.

LuAnn Bird (WI-AD61)

- LuAnn Bird is a former advocate, organizer, and consultant, and previously served as the executive director for the League of Women Voters of Wisconsin, where she worked to pass gun control legislation and successfully fundraised for a poverty agency. When her husband, a Vietnam veteran who uses a wheelchair, was facing problems with accessibility at Oshkosh public schools, Bird ran for the school board and made sure 100% of school facilities were accessible for people with disabilities.
- Bird will face a rematch with incumbent Republican Robert Donovan, an anti-choice extremist who has called abortion “evil” and “wicked” and is staunchly opposed to reproductive freedom. In 2022, he beat Bird by a razor-thin margin of just over 500 votes.

Christy Welch (WI-AD88)

- Christy Welch decided to run when the United States Supreme Court overturned *Roe v. Wade* so she could help retire Wisconsin’s anti-abortion statute. She served as the chair of the Democratic Party of Brown County, is a long-time Wisconsin resident, and a mother of two, and Welch is ready to make a difference for citizens in the areas of education, child care, health care and the environment.
- Welch is running against Benjamin Franklin and seeks to replace Republican John Macco’s open seat. This is one of the most competitive districts in the state legislature.

Jodi Emerson (WI-AD91)

- State Asm. Jodi Emerson is working in office to make housing and child care more affordable, and getting tax relief to small businesses. She’s a fighter for our community, taking on health care companies to cover important medical care and protecting families’ ability to access IVF treatment. She is a former anti-human trafficking advocate.
- State Rep. Emerson faces Republican challenger Michele Magadance Skinner, a first-term member of the Eau Claire County Board.

Jill Billings (WI-AD95)

- State Asm. Jill Billings taught English and Citizenship classes to Hmong adults while raising her two children when she first moved to La Crosse. In 2004 Billings ran for the La Crosse County Board and served for eight years. Friends and supporters encouraged Billings to run for the 95th Assembly seat in the Special Election of 2011 where she was elected and has served ever since.
- State Rep. Billings is up against Republican challenger Cedric Schnitzler.

Tara Johnson (WI-AD96)

- Tara Johnson has served as a La Crosse County Board member, executive director of the United Way of La Crosse, and is a former union member. She spent more than 30 years of her professional life fighting for the people of Western Wisconsin. Johnson is running to create economic opportunity, restore a woman's right to choose, protect our democracy, and fight for rural Wisconsin communities that are too often left behind.
- Johnson is running to unseat self-funding incumbent Republican Loren Oldenburg.